

Sunflower in the global food system

Situation and perspectives

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21st International Sunflower Conference
China, August 21-24, 2024



contents

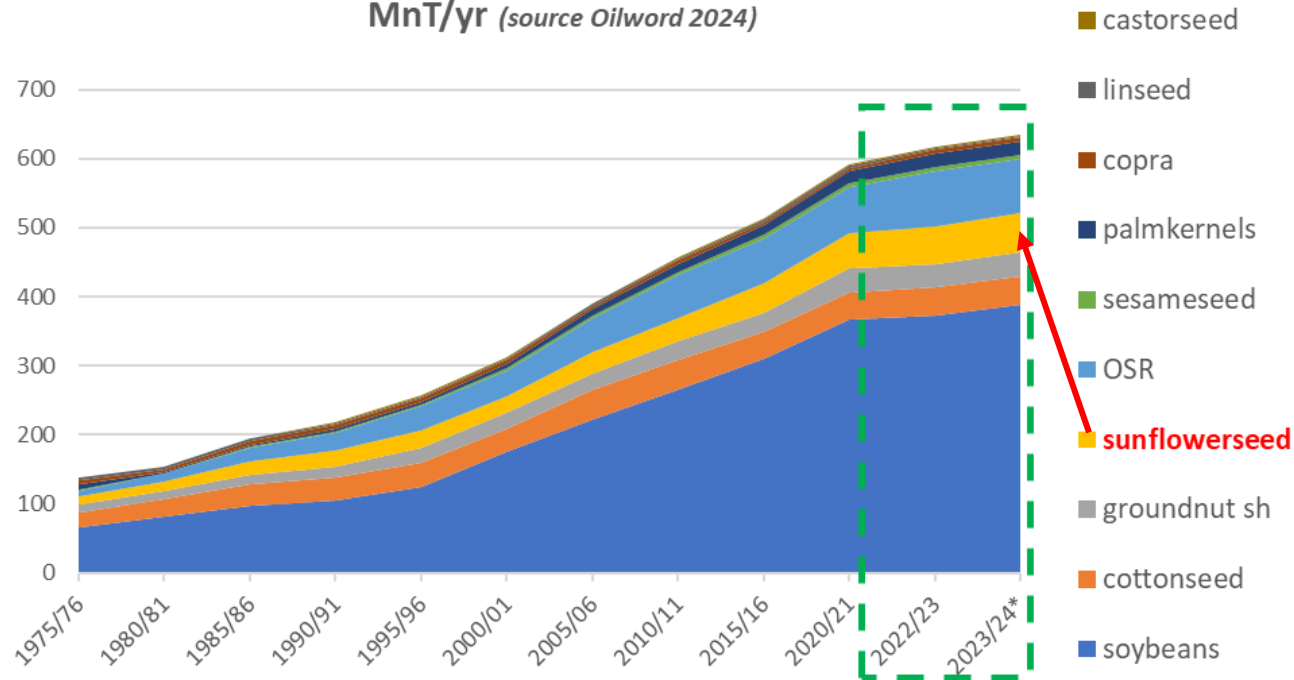
- ✓ Sunflower production development in the world
- ✓ Sunflower trade
- ✓ Effects of the war in Ukraine on production and exports
- ✓ Climate change is coming
- ✓ Non-traditional uses
- ✓ Sunflower protein for food.
- ✓ conclusions



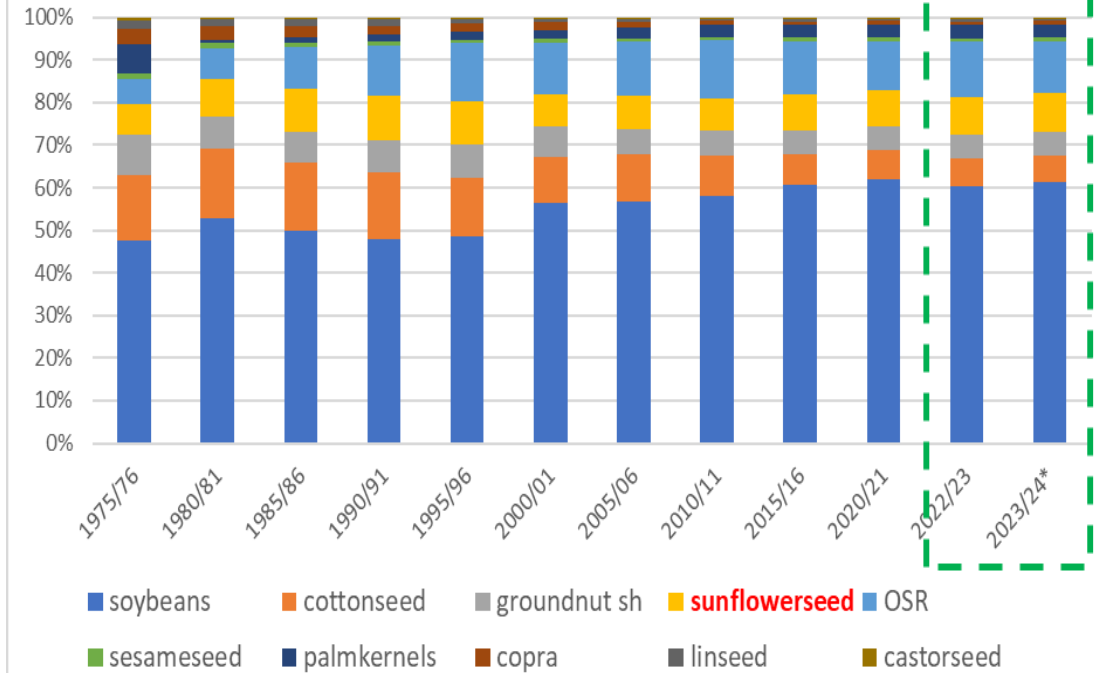
Oilseed crops at global scale

Evolution of oilseeds production 1975-2024

MnT/yr (source Oilworld 2024)



Evolution of the relative share of 10 oilseeds in global production (1975-2021) (source OilWorld 2024)



Continuous increase of **Soybeans** (>60% now)

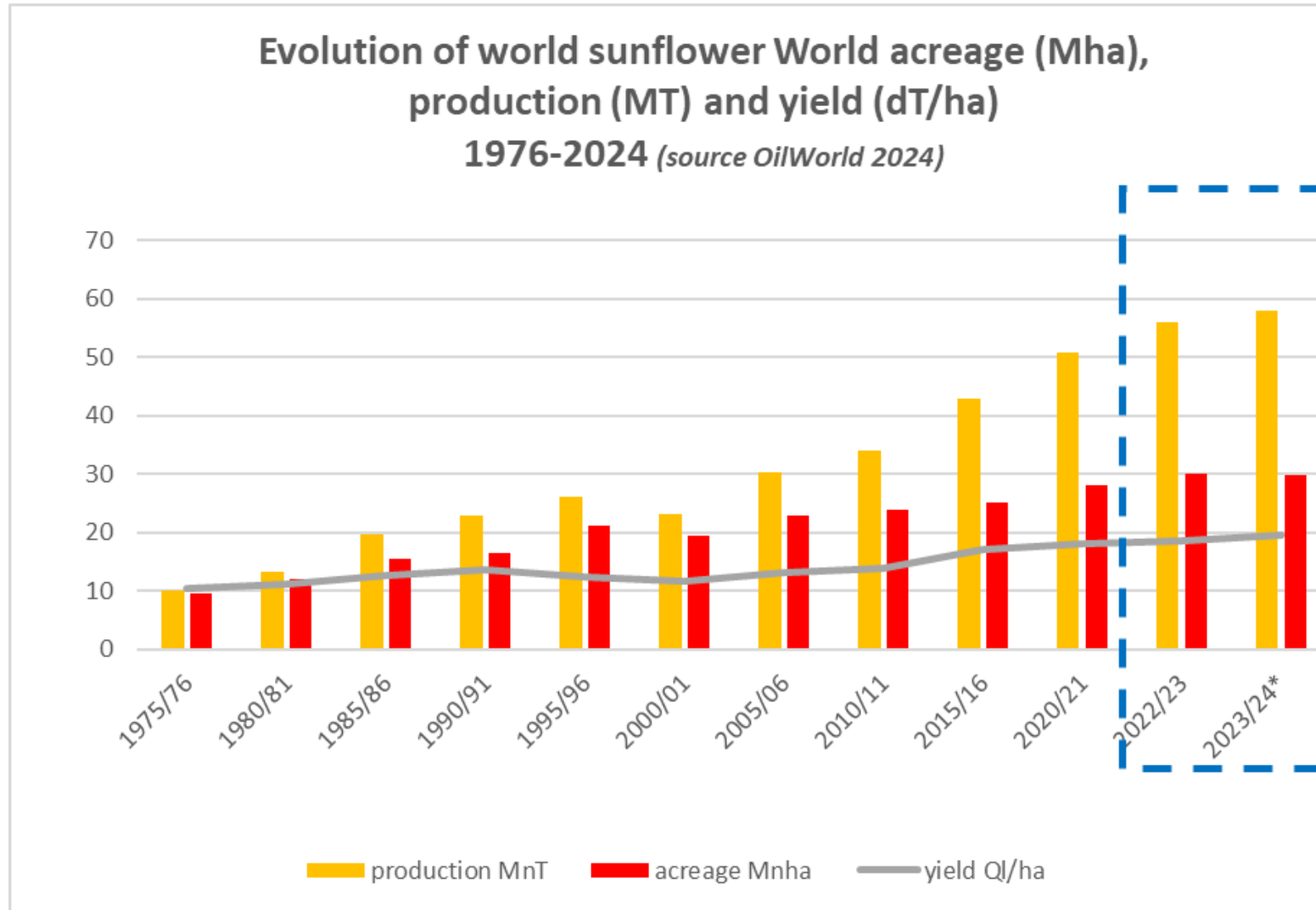
Rapeseed seeds reached 15 % of all oilseeds in 2012/13 and then stabilized around 12 %

Sunflower seeds reached 10% of all oilseeds between 1985 and 1995 and stabilized around 9%

Relative decrease of **cotton seed**



A remarkable growth of the seeds production

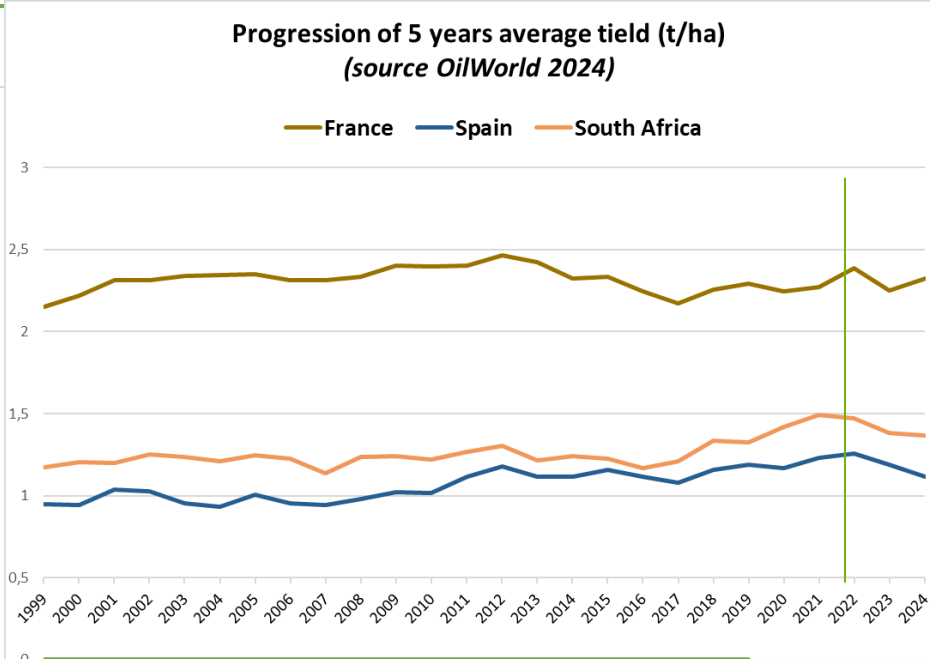
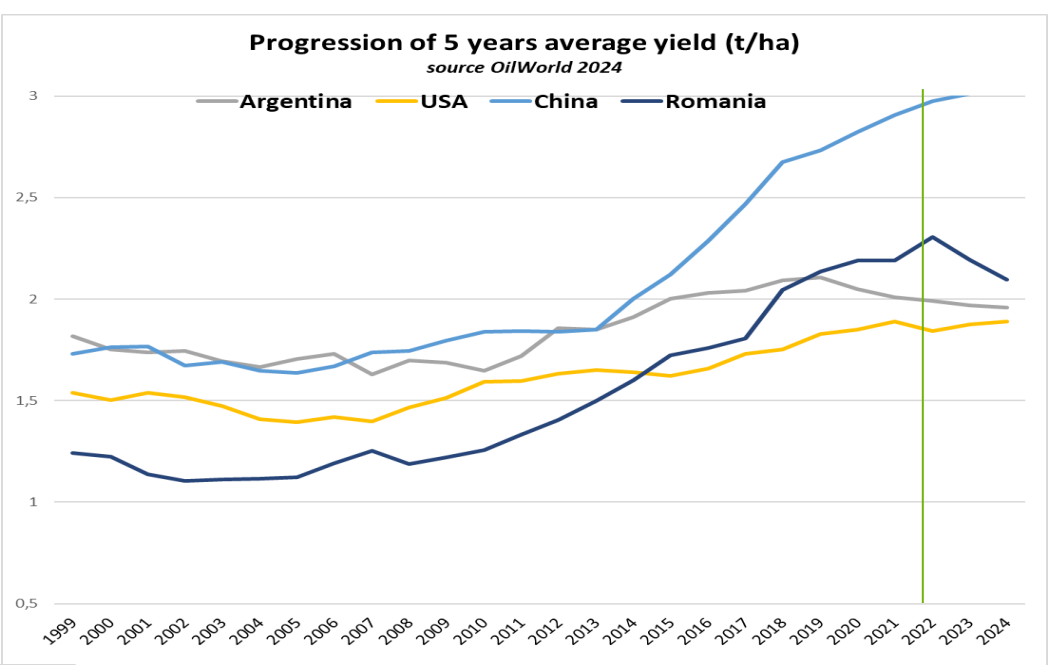
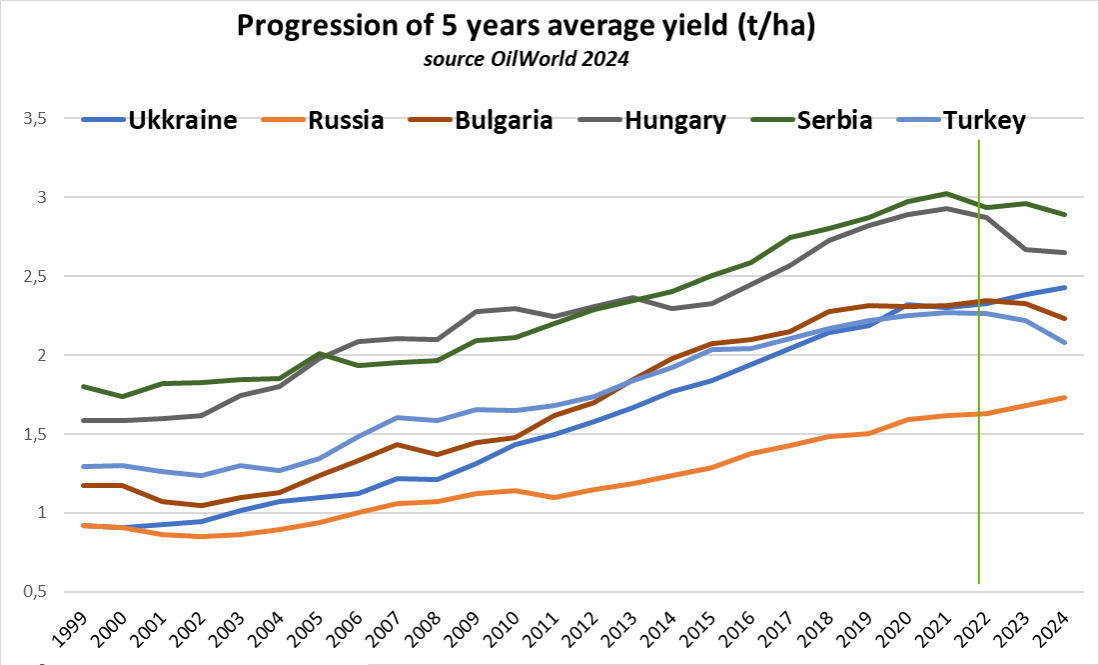


**56MT
on 30 Mha**

Since 2000:
Production X 2,3
Acreage x 1,45
Yield x 1,55



Yields: 3 different dynamics accross top 10 countries



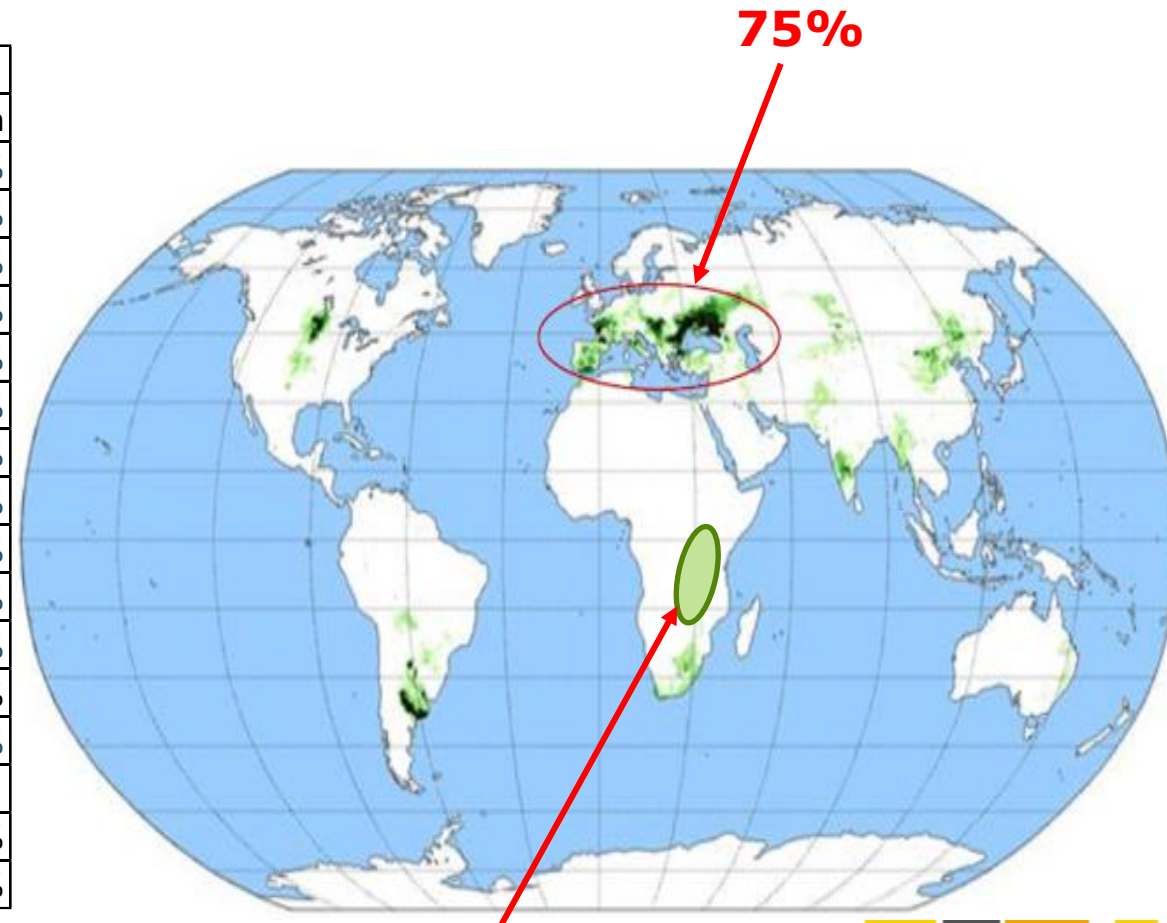
NB: Tanzania: stable yields 1 to 1,1 t/ha



Sunflower : a relatively spatially concentrated crop

- ✓ Sunflower is grown significantly in 63 countries. 80% in 10 countries, and up to $\frac{3}{4}$ in Europe (continent): passing from $\frac{2}{3}$ in 2009-13 to $\frac{3}{4}$ in 2019-23: *growing concentration*

Acreage and Production source: Oil World 2024	average 2014/2018		average 2019:2023		% increase production
	1000ha	1000T	1000ha	1000T	
WORLD	25927	45463	28506	54522	20%
Ukraine	5760	12370	6316	15030	22%
Russia	6944	10300	8818	14854	44%
Argentina	1424	2966	1756	3442	16%
China	957	2561	916	2758	8%
Romania	1045	2094	1165	2549	22%
Bulgaria	842	1921	836	1948	1%
Turkey	689	1494	750	1658	11%
Hungary	625	1707	626	1656	-3%
France	634	1423	701	1571	10%
→ Tanzania	906	932	1026	1077	16%
USA	618	1084	513	1067	-2%
Top 10	19826	37768	22910	46543	23%
Top 10%	76%	83%	80%	85%	
(European Union)	4304	8904	4454	9567	7%
(Serbia)	190	534	229	664	24%

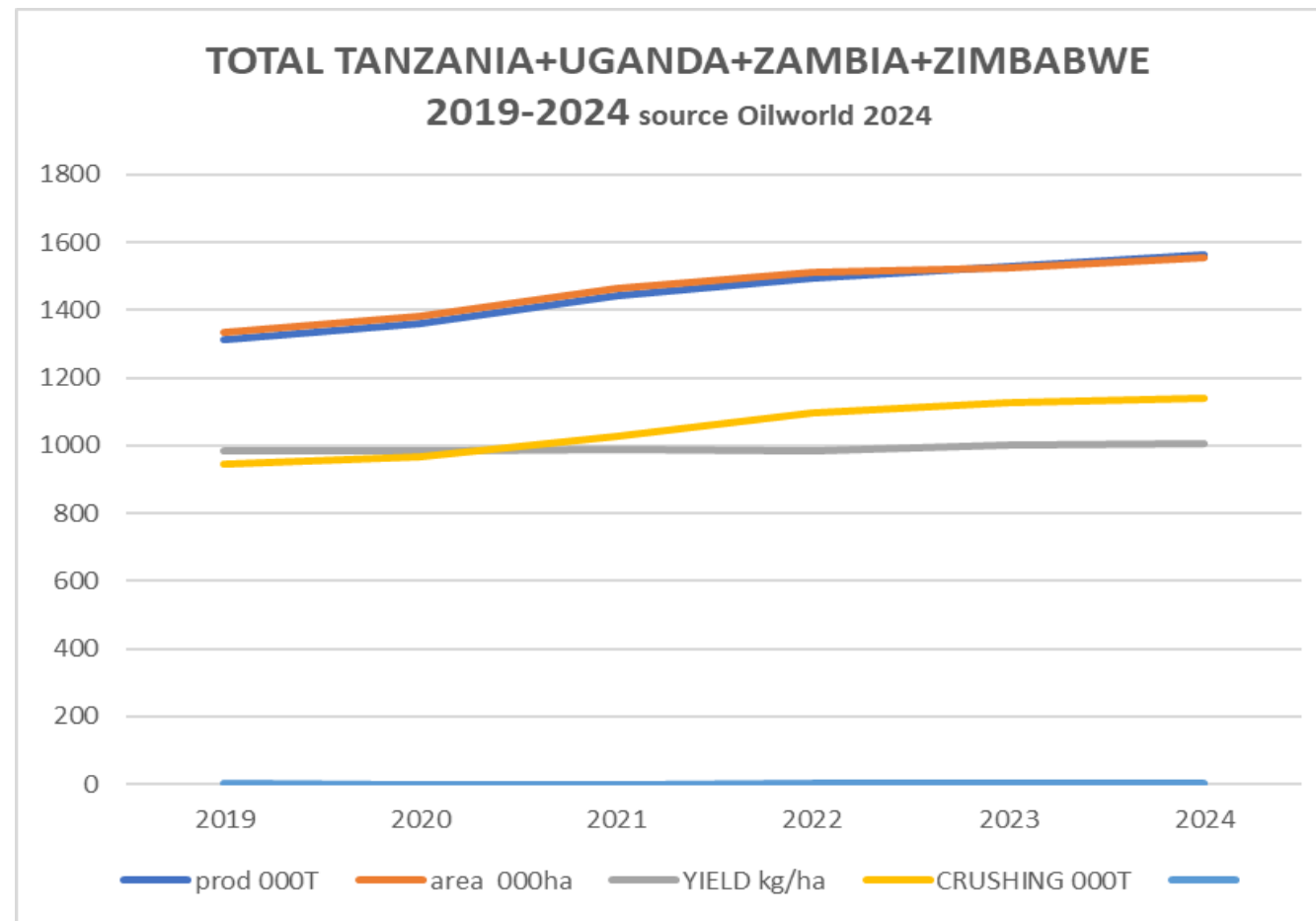


Where is sunflower developing?

- A new production area in Africa, apparently based on the growth of acreage.
- In 15 years, Ukraine grew from 16% to 28% of the global production, and Russia from 20 to 27%.
- → 32% to 55% from these two countries.

	acreage	yield	production	% of world production
	multiplied by X from 2004-08 to 2019-13			2019-23
WORLD	1,25	1,52	1,90	100%
Ukraine	1,67	1,95	3,25	28%
Russia	1,75	1,46	2,55	27%
Moldova	1,37	1,53	2,09	1%
Kazakstan	2,12	1,40	2,96	2%
China	0,97	1,52	1,47	5%
European U.	1,17	1,36	1,59	18%
Serbia	1,24	1,47	1,82	1%
Tanzania/Uganda/Zambia	3,93	1,01	3,98	3%





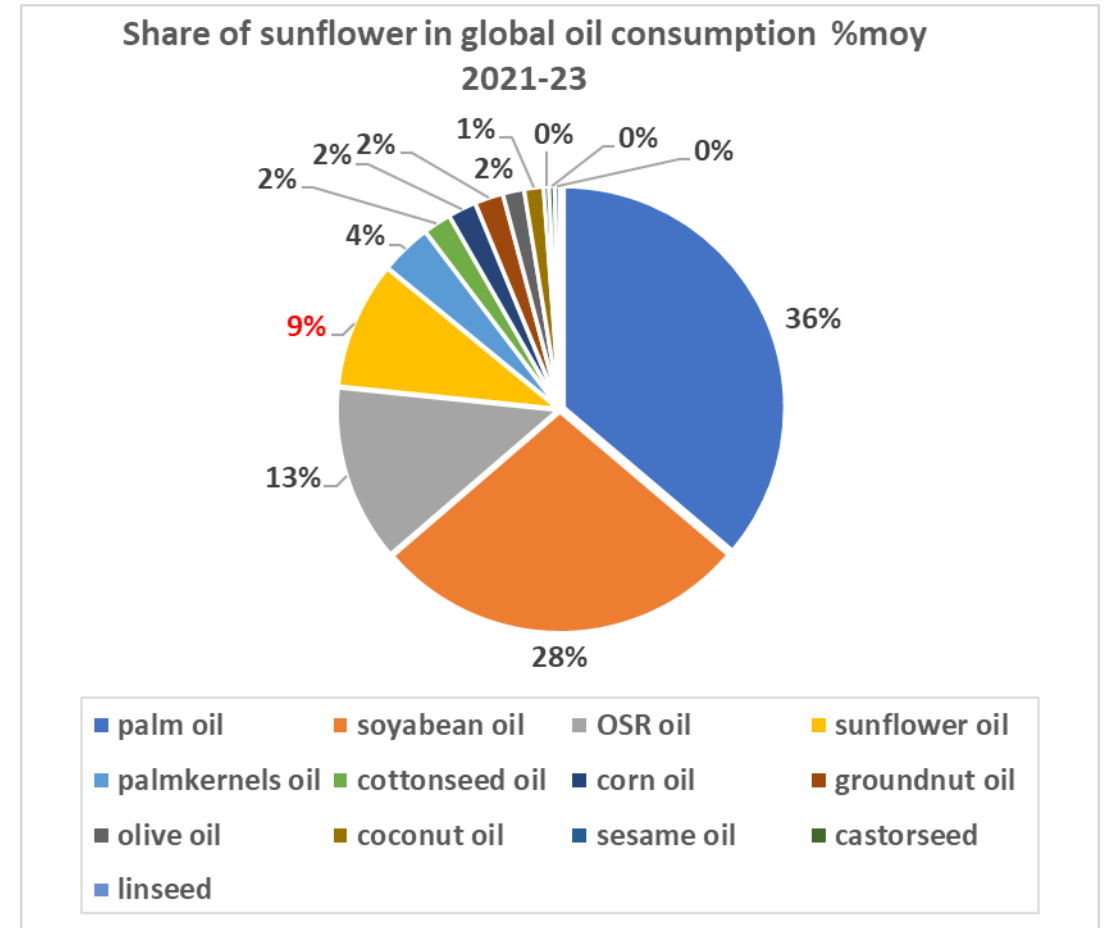
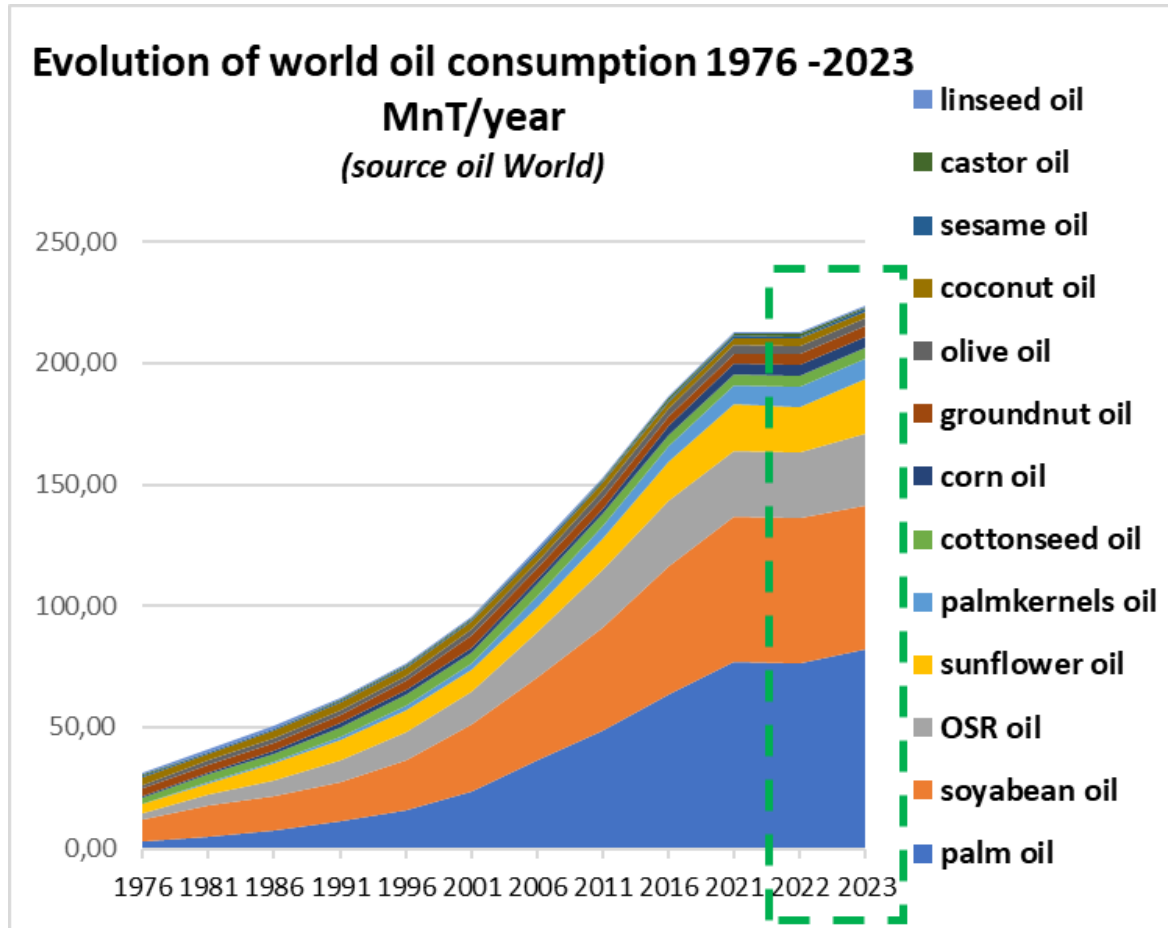
Production, area

crushing
yield

Regular growth in acreage and production
But apparently not yet in yields (are statistics reliable?)
70% of the production is crushed locally
For local consumption
Limited trade exchanges



oil consumption: palm first, sunflower 4th

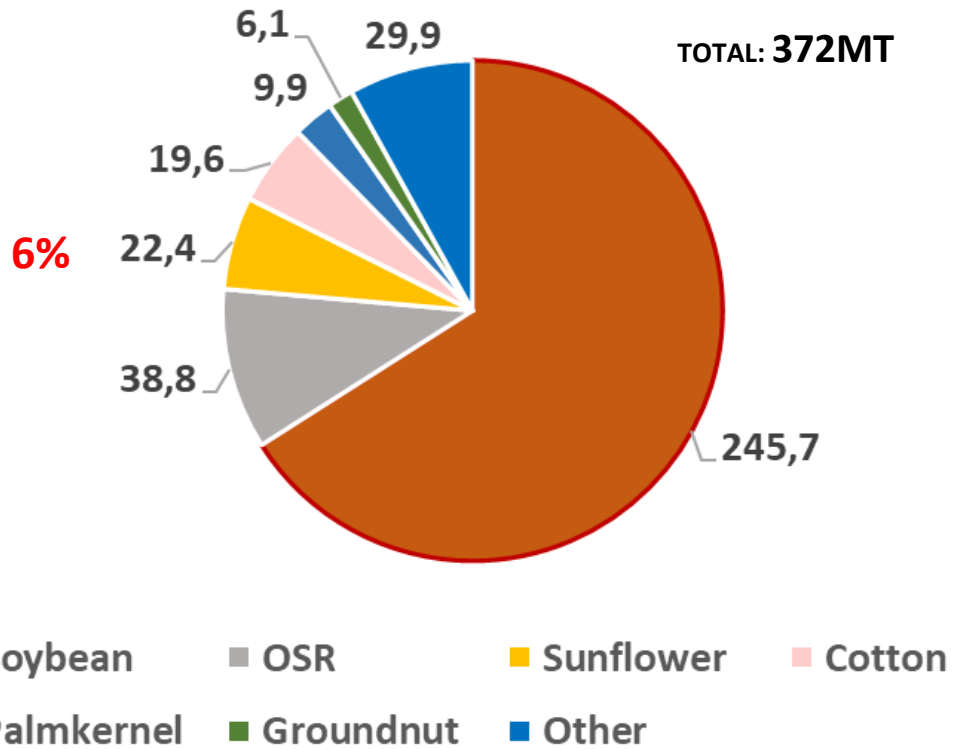


- ✓ Vegetable oils & fats: 259,8MT in 22/23
- ✓ Vegetable oils = 80%
- ✓ Sunflower stable since 2000 at 9-10% of VO, 4th oil in the world

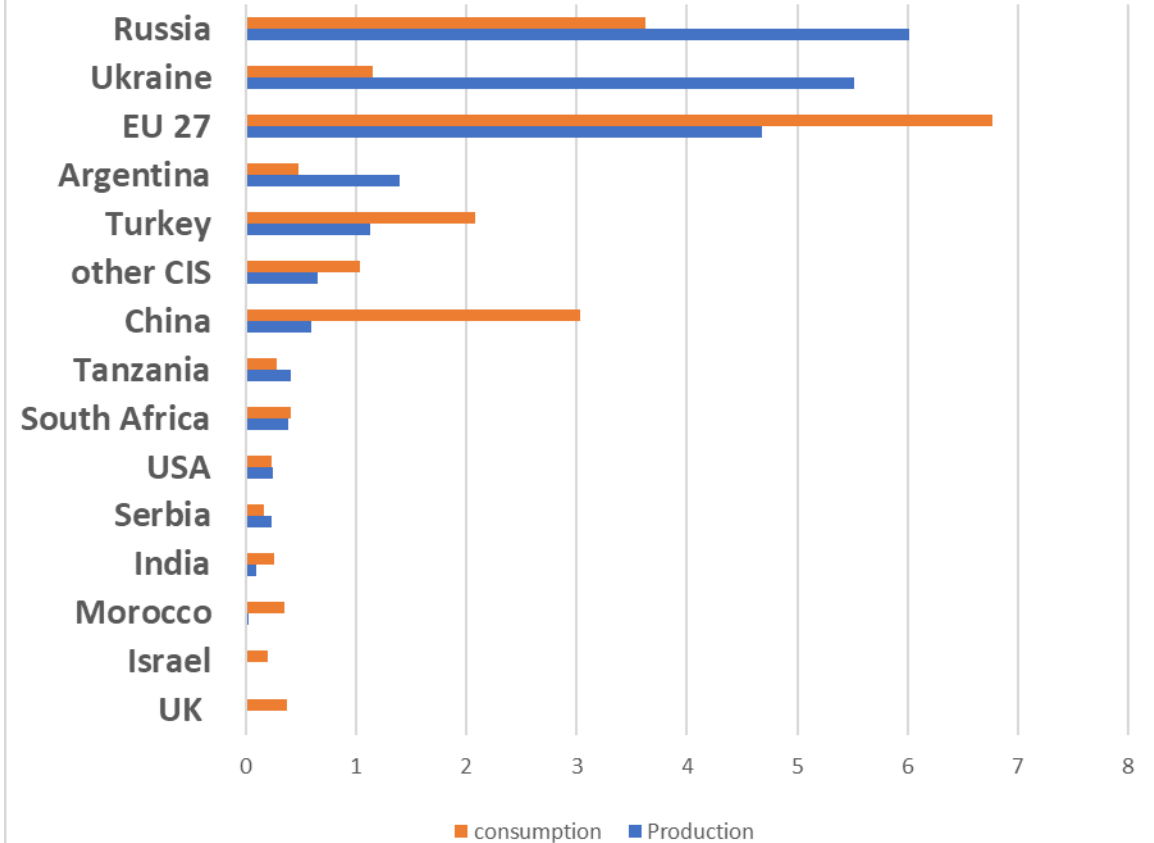


Sunflower meals

Gobal Average Oilseed Meals production
2019-2023 (source OilWold 2024)



sunflower meals Avg 5 years 2020-2024 (Oct-Sept)
in Mn tons/year. Source Oil World 2014

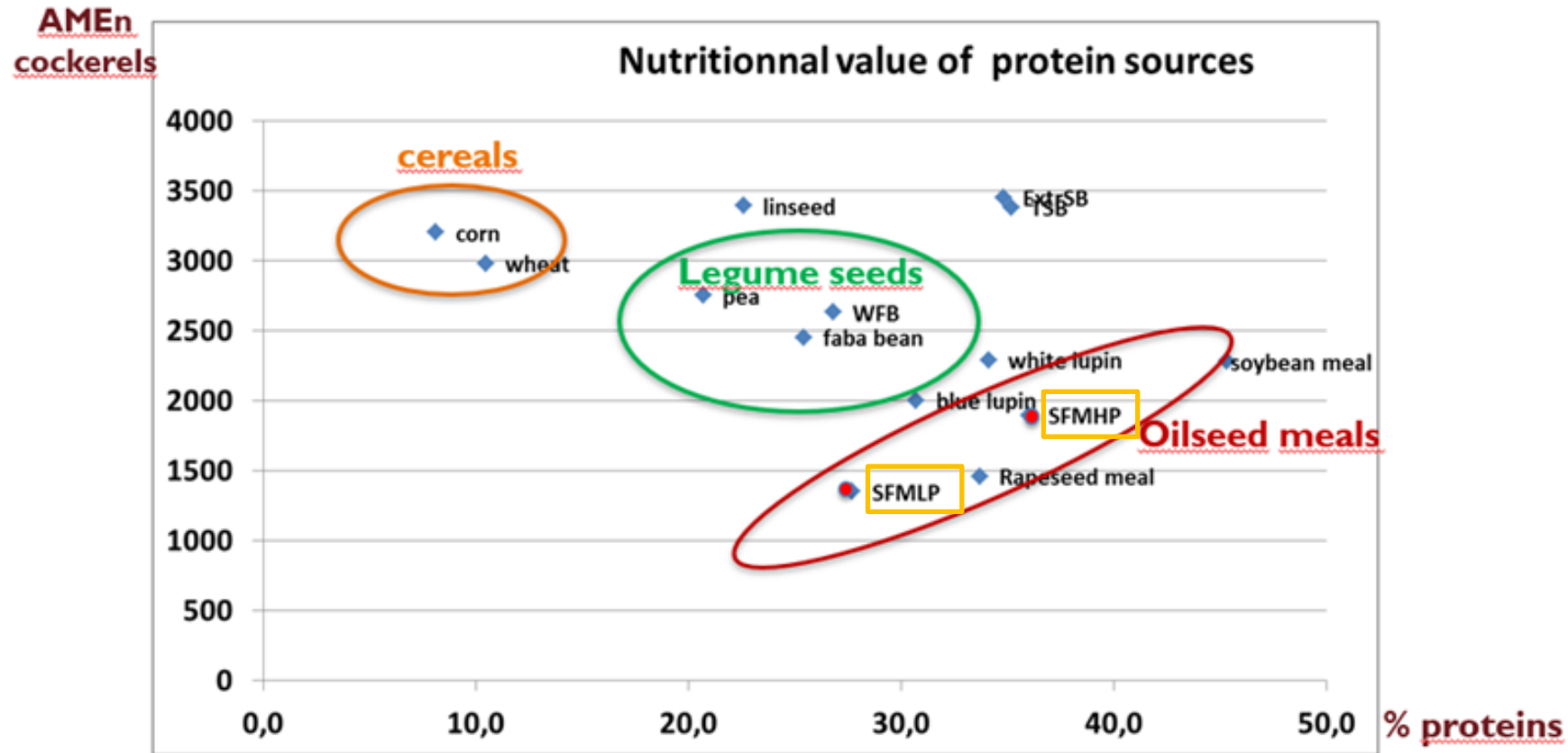


✓ Sunflower meal is at 3rd rank in production with 23MT

✓ Main importers: EU, Turkey, China, other CIS, Morocco, Israël, UK



Feed protein sources: high pro sunflower meals among the best



From INRA, FEEDIPEDIA

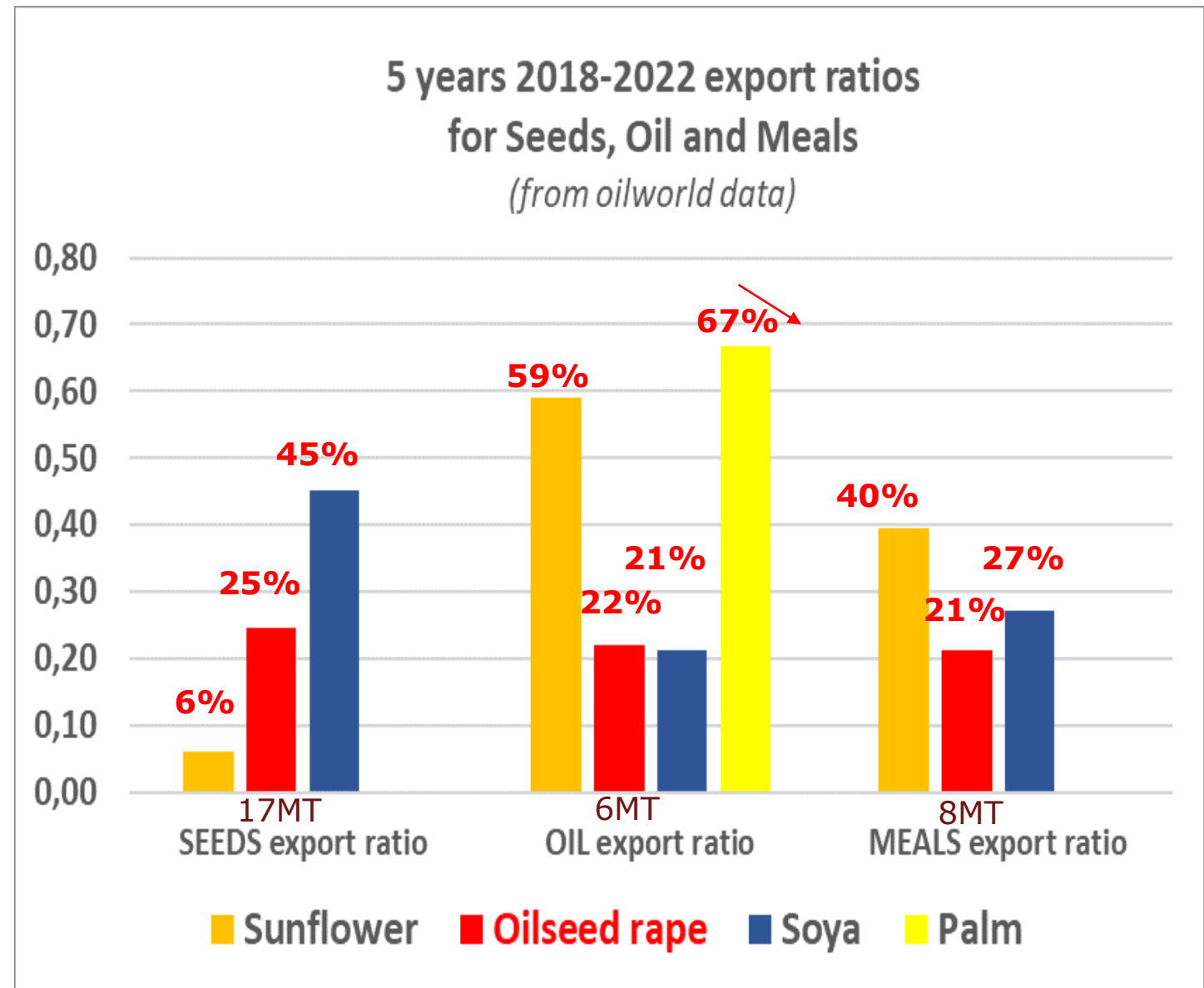
(AMEn : Apparent Metabolizable Energy for cockerels, nitrogen corrected)

SFMHP: Sunflower Meal high Pro ; SFMLP: Sunflower Meal Low Pro.
(source: Terres Univia)

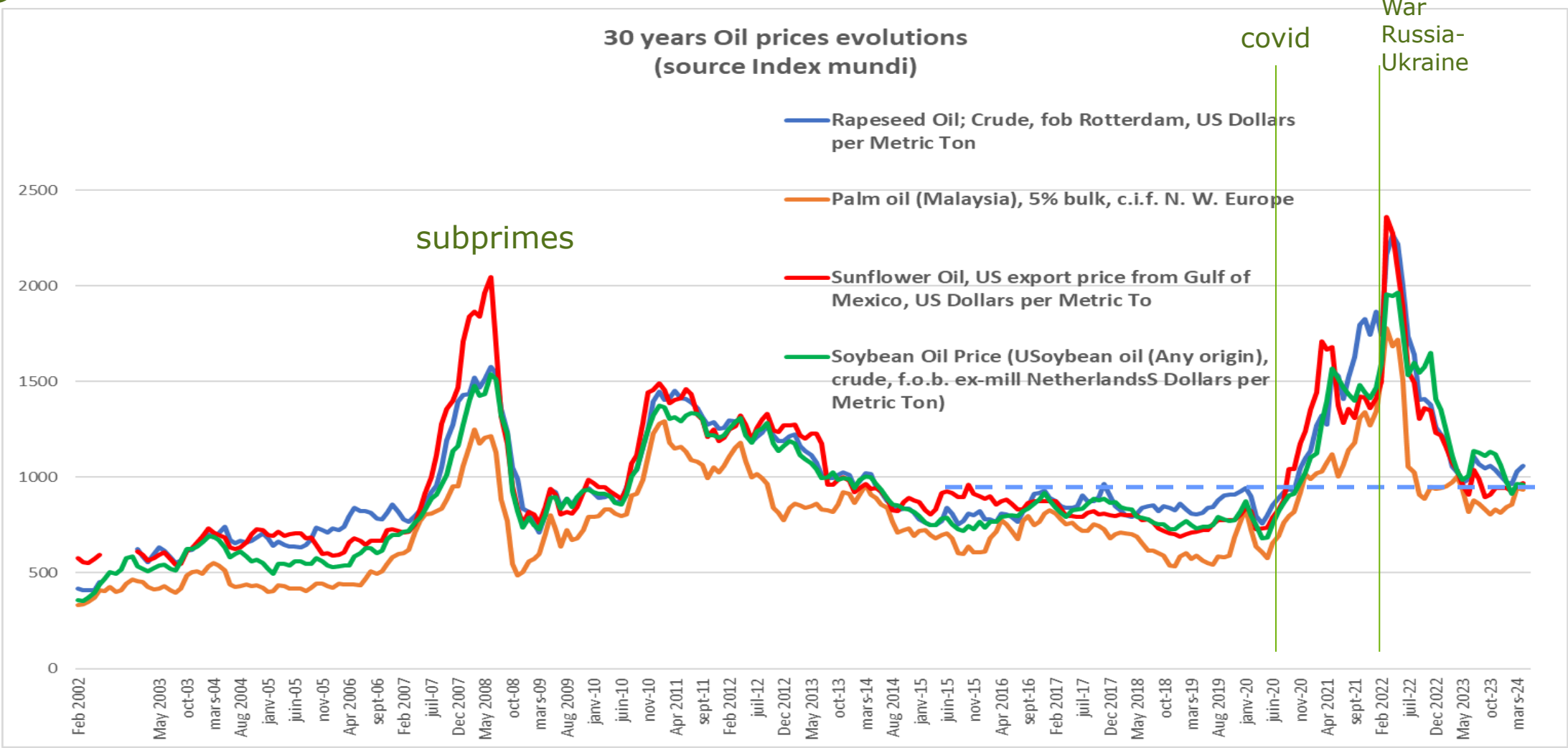


Trade

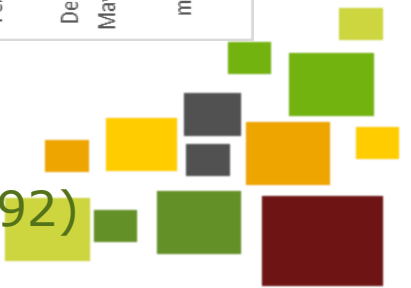
- ✓ Oilseed products are highly traded commodities, around 28% of total production, more than most grain commodities
- ✓ Sunflower is traded mainly after processing: only 5% of seeds are exported out of the production countries
- ✓ Industrial development has accompanied the sunflower seeds production



Vegetable Oils Prices



Last 5 years: sunflower oil premium about -0,4 US\$ versus SBO (-304 to +423)
+219 US\$ versus Palm Oil (-23 to + 678)
-61 US\$ versus Rapeseed Oil (-453to + 392)

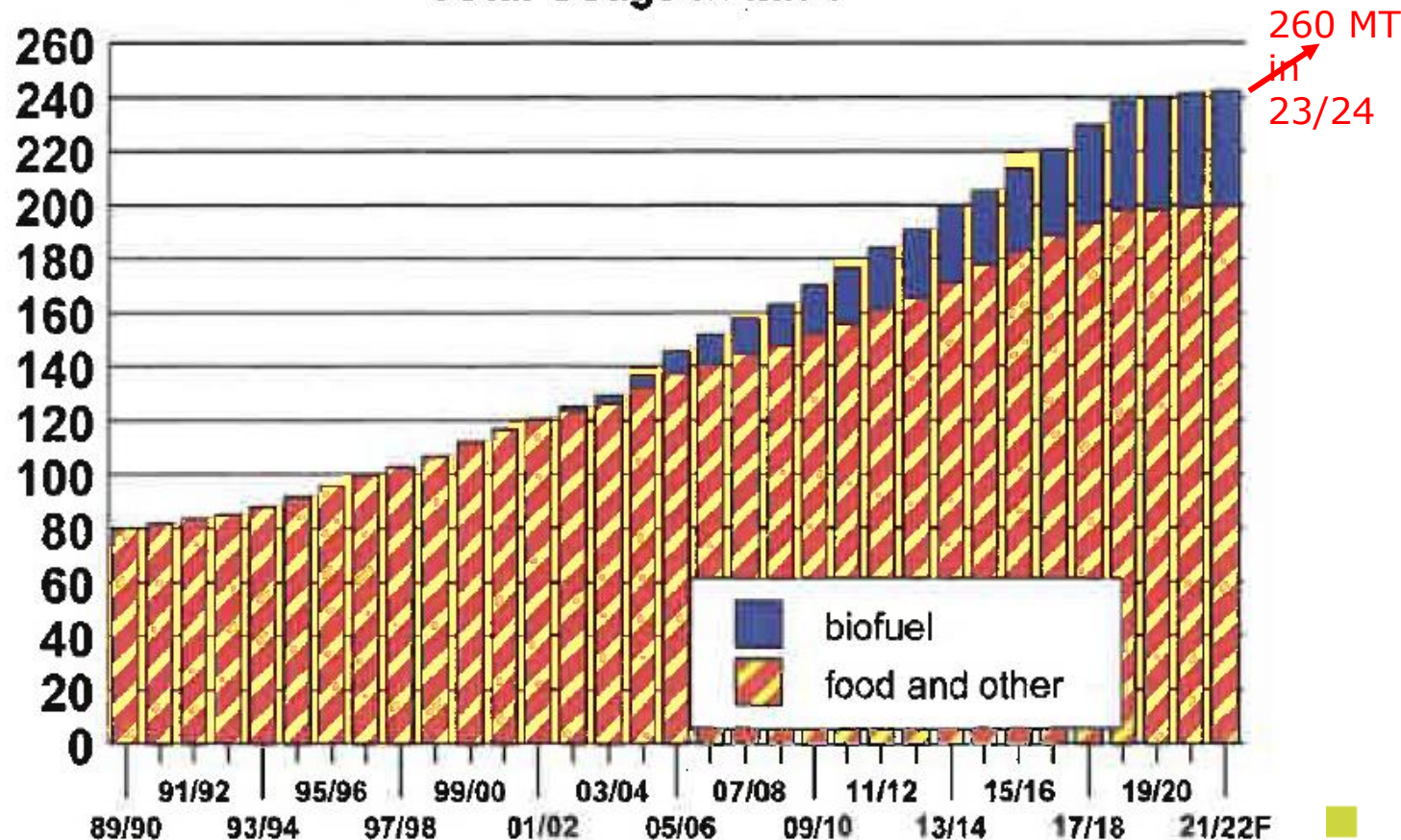


Vegetable oils and Biodiesel

- ✓ With 59.2 MT, of which **50.5MT are based on first use vegetable oils and fats**, Biodiesel absorbs **almost 20%** of the global oils & fats production (254 MT in 2023/ used oils excepted)
- ✓ Or 24% of first use vegetable edible oils.
- ✓ Main producers (2023):
 - ✓ EU27 (15,4MT)
 - ✓ USA (13,7MT)
 - ✓ Indonesia (11,5MT; more than 50% of palm oil production)
 - ✓ Brazil (7 MT; 68% soy based; 40% of soy oil go to biodiesel)

17 Oils & Fats : World Consumption

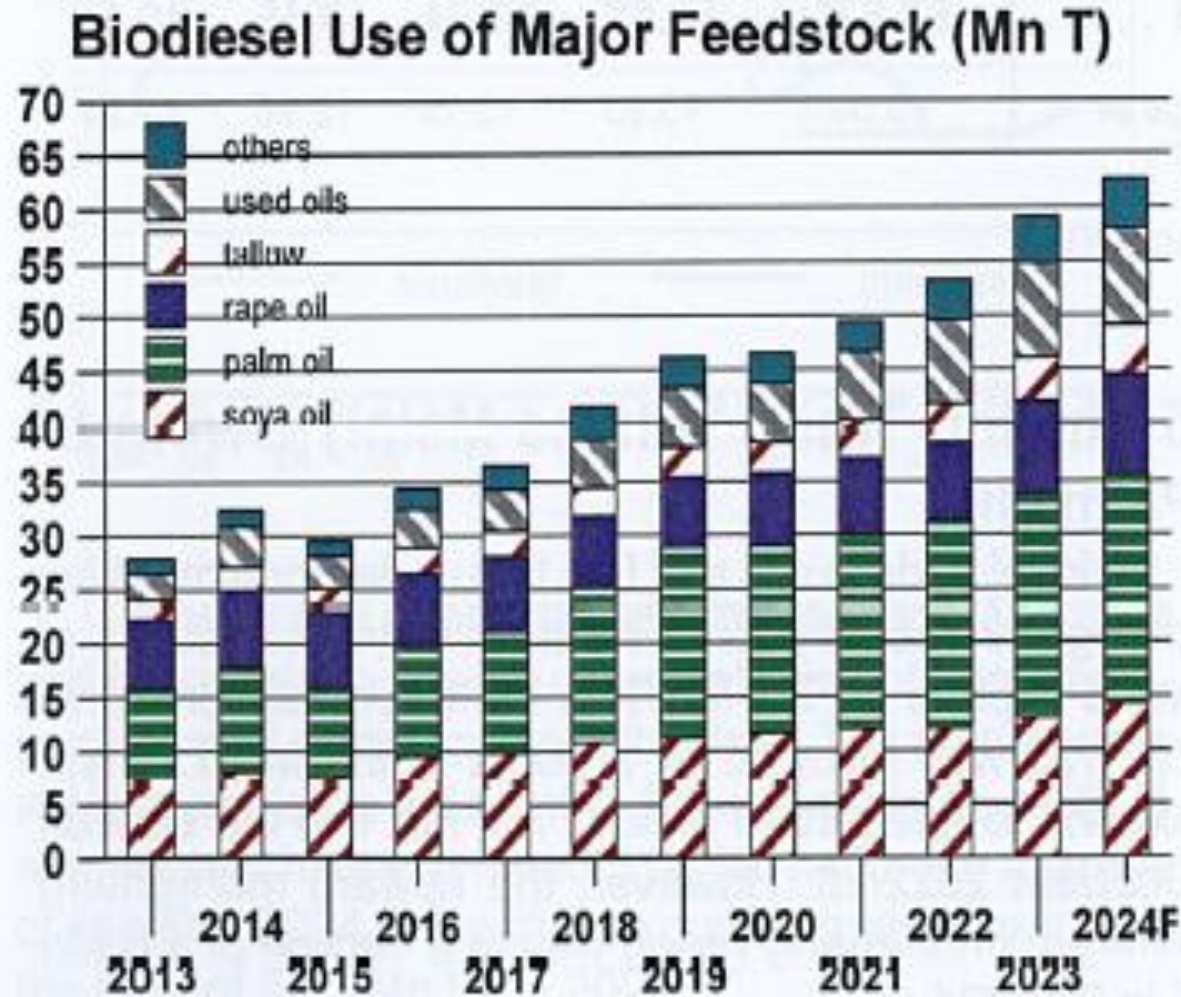
Total Usage in Mn T



Source OilWorld 2022



Sunflower and Biodiesel

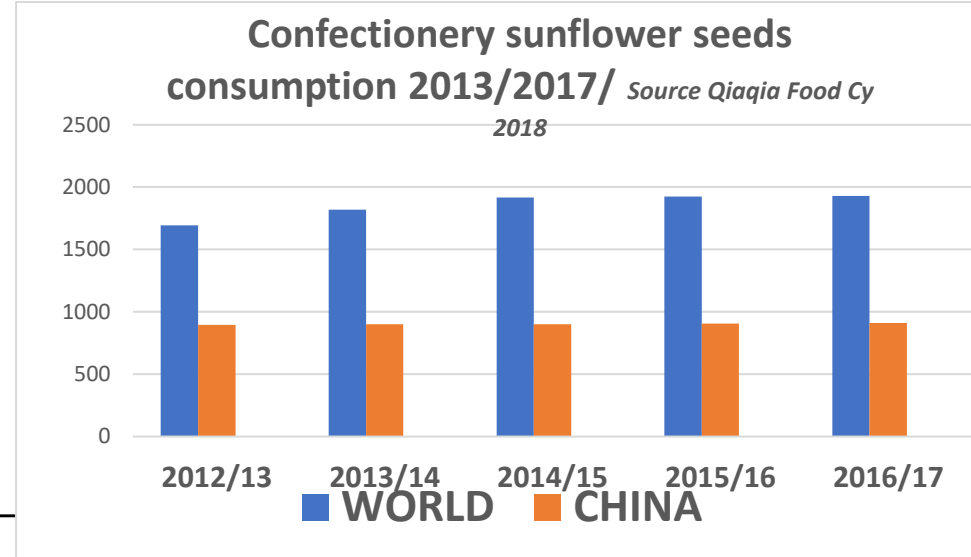


- Sunflower oil not strongly involved in Biodiesel (<0,6MT in EU)
- But interest could be reinforced by a demand of low input/low emissions biofuels (EU)
- But concerned through the price effects on the vegetable oils complex



Confectionery Sunflower

- ✓ Assuming that confectionery sunflower still represents 40% of « other uses », it would reach 2,2 MT/year?
- ✓ What about bakery? Cosmetics? Some biofuels?...
- ✓ Still a niche market, corresponding to national food habits
- ✓ Should lead to a higher interest in protein content (→ breeding)



Sunflower World supply and demand MT (source Oilworld 2019 & 2024)

Sunflower seed MT	14/15	15/16	16/17	17/18	18/19	19/20	20/21	21/22	22/23	23/24*
Opening stocks	2,9	3,1	3,3	3,6	3,3	3,3	3,3	2,8	7,9	6,3
Production	41,7	43,0	49,8	49,0	51,9	55,7	50,8	58,3	55,9	58,0
Total supplies	44,6	46,0	53,0	52,6	55,2	59,0	54,2	61,2	63,8	64,3
Crushing	36,7	38,0	44,6	44,4	47,3	50,4	46,0	47,8	52,0	54,8
Other uses	4,5	4,7	4,7	4,9	4,9	5,2	5,3	5,4	5,5	5,7
Ending stocks	3,1	3,3	3,6	3,3	3,3	3,3	2,9	7,9	6,3	3,8
Stocks/ usage	7,4%	7,8%	7,3%	6,7%	6,4%	5,9%	5,6%	14,8%	11,0%	6,3%
% other uses / total uses	10,9%	11,1%	9,6%	10,0%	9,4%	9,4%	10,4%	10,2%	9,6%	9,4%
confectionery (Qiaqia Cy)	1,9	1,9	1,9	2,0	2,0	2,1	2,2	2,2	2,3	2,3
confectionery as % of other uses	42,6%	40,7%	40,7%							
confectionery as % of total uses	4,3%	4,2%	3,6%	1,9	2,0	2,1	2,0	2,2	2,3	2,3



Effects of the war in Ukraine?

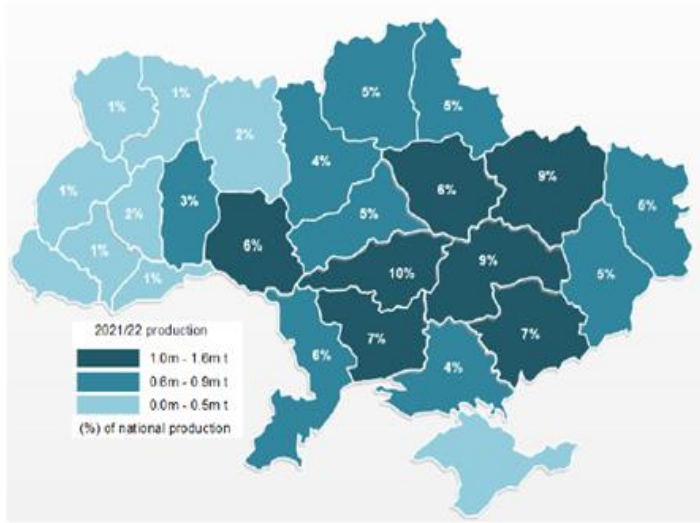
- ✓ Together, Ukraine and Russia represented 80% of sunflower oil and meals exports when war started.

2019/20 Oil World statistics July 2021 ed	PRODUCTION			EXPORTS		
1000 T	seeds	oil	meal	seeds	oil	meal
Ukraine	16500	7168	6440	76	6763	5164
Russia	15379	5978	5577	1278	3706	1998
Romania	2900	554	634	115	87	160
Bulgaria	1914	600	618	313	271	206
Moldova	840	171	156	379	143	112
Turquie	1470	1170	1349	48	629	5
Georgie	3	3,9	4,3	0,1	0,4	1,1
Black Sea Region	39006	15645	14778	2209	11599	7646
World	55632	21534	21978	3616	13698	8996
% from Black Sea main producers	70%	73%	67%	61%	85%	85%
% from Ukraine	30%	33%	29%	2%	49%	57%
% from Russia	28%	28%	25%	35%	27%	22%

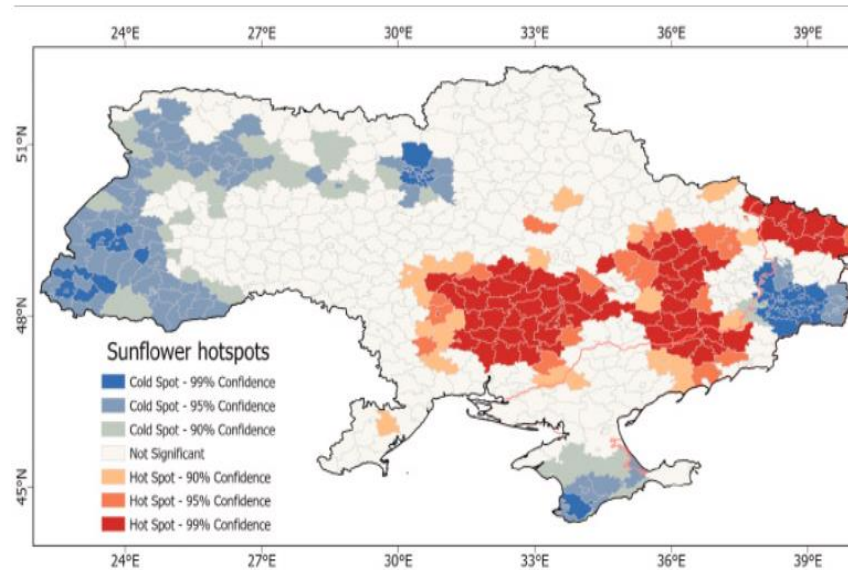


Sunflower production in Ukraine: war consequences

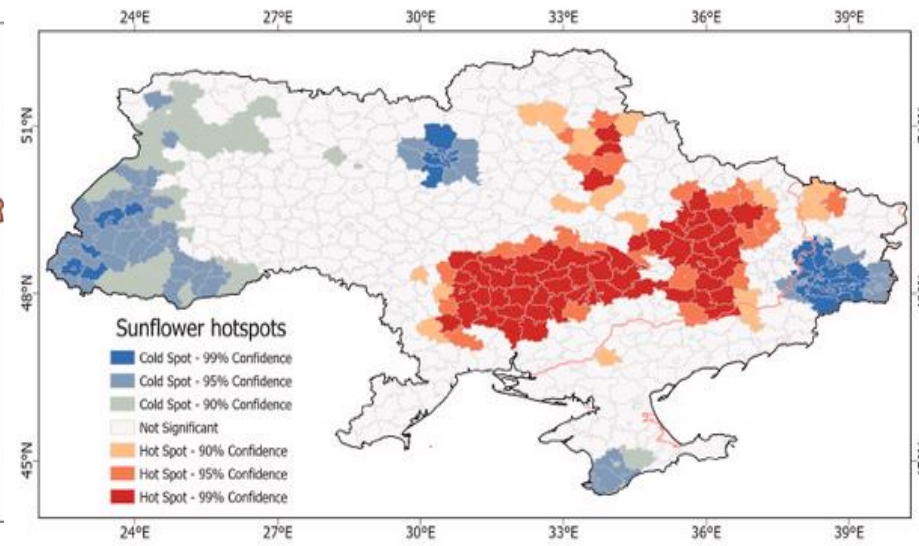
Sunflowerseed: Regional production (2021/22)



Sentinel 1 cropland hotspots
2021



2022

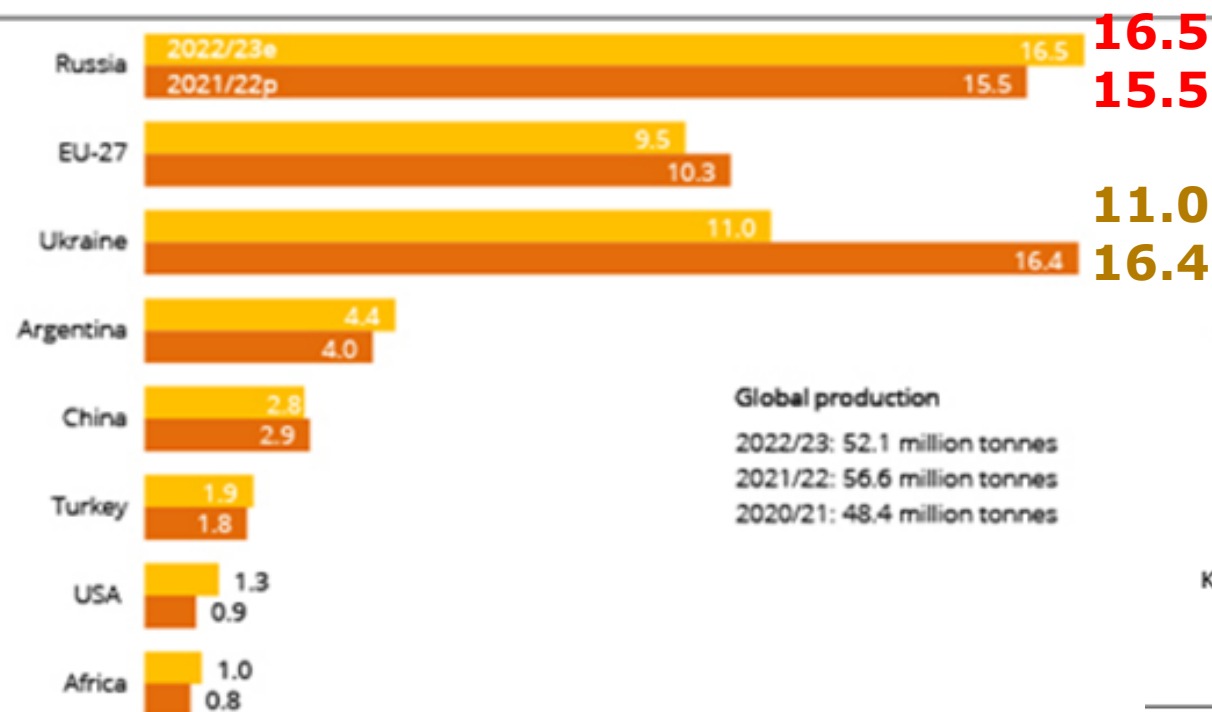


- Ukrainian sunflower production directly affected by the war: in 2021 more than 25% of the production acreage in the Southern part of the country
- A 5% decrease in sunflower areas in 2022 versus 2021 due to the war.
- Reduction of 29% in sunflower areas observed in occupied territories.
- 9% of sunflower fields were planted in both 2021 and 2022.
- **Gradient of sunflower hotspot shifted from south to south-central regions.**

(Source Qadir, A., Skakun, S., Becker-Reshef, I., Kussul, N., & Shelestov, A. (2024). Estimation of sunflower planted areas in Ukraine during full-scale Russian invasion: Insights from Sentinel-1 SAR data. Science of Remote Sensing, 100139. <https://doi.org/10.1016/j.srs.2024.100139>)

Sunflower production in Ukraine: war consequences

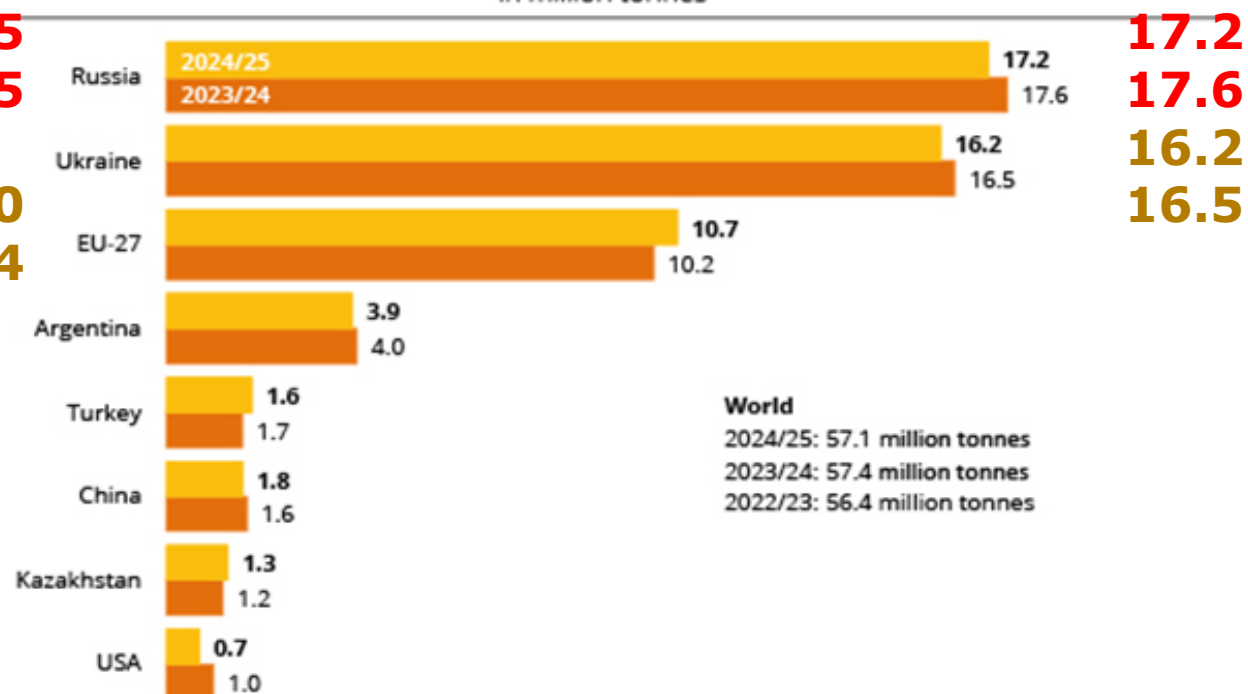
Production of sunflowerseed by country
in million tonnes



Source: IGC

Note: p = preliminary, e = estimate

Harvest estimate for sunflower seeds
in million tonnes



Source: IGC

Note: 2023/24 estimate, 2024/25 forecast

2021/22 and 2022/23 (top)

2022/23 and 2023/24 (top)

IGC outlook for 2024/25 points out to a continuous shift in area from Cereals to oilseeds (sunflower, soyabean and rapeseed) with associated changes on exports



Sunflower exports from Russia and Ukraine

	SUN OIL exports			
source: Oil World 2024	1000T			
	2020/21	2021/22	2022/23	2023/24*
Ukraine	5250,2	4725	5446,6	5950
Russia	3228,1	3193,3	4279	5110
	SUN SEEDS Exports			
Ukraine	185,7	1793,1	1685,3	350
Russia	527,6	280	284,7	360

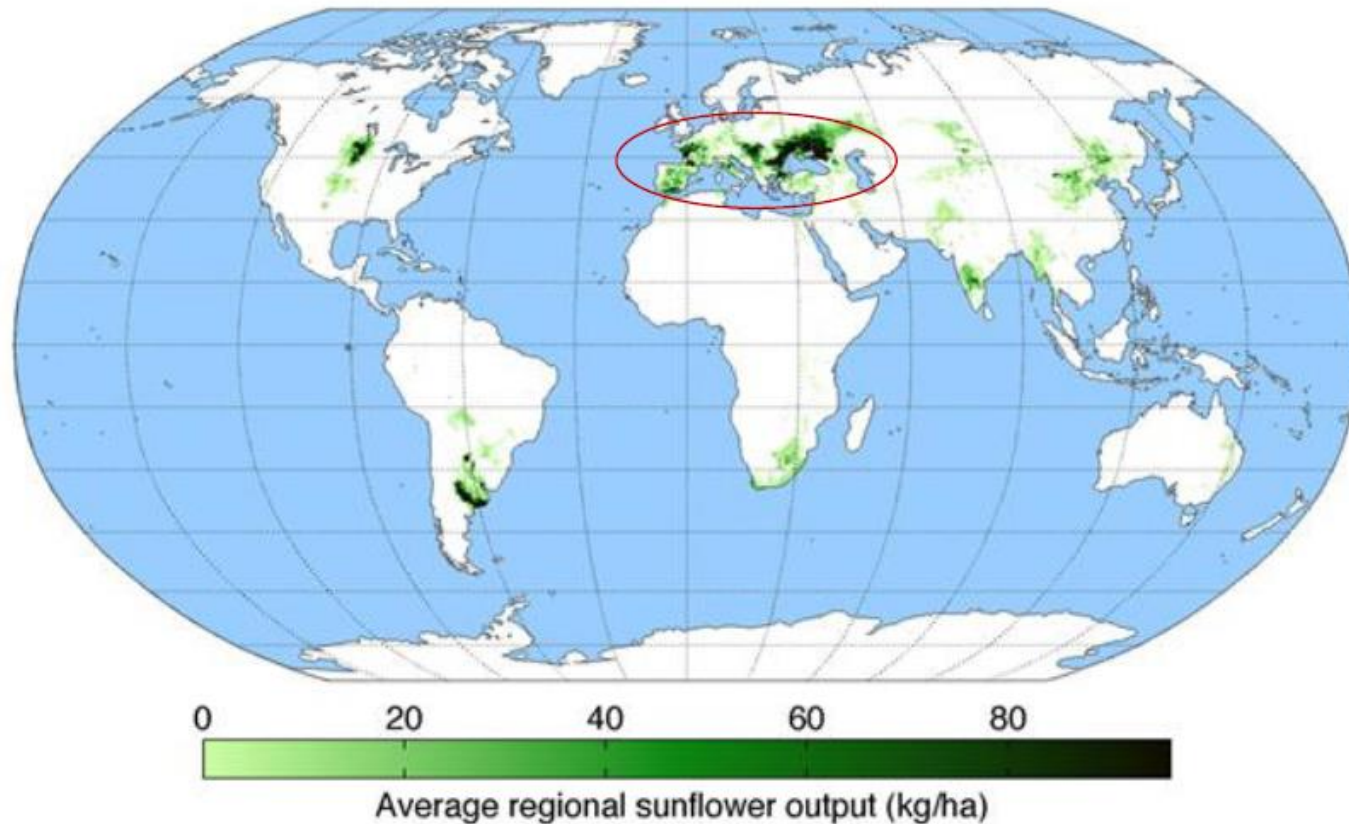
From the point of view of exported quantities, the situation seems to come back to normal



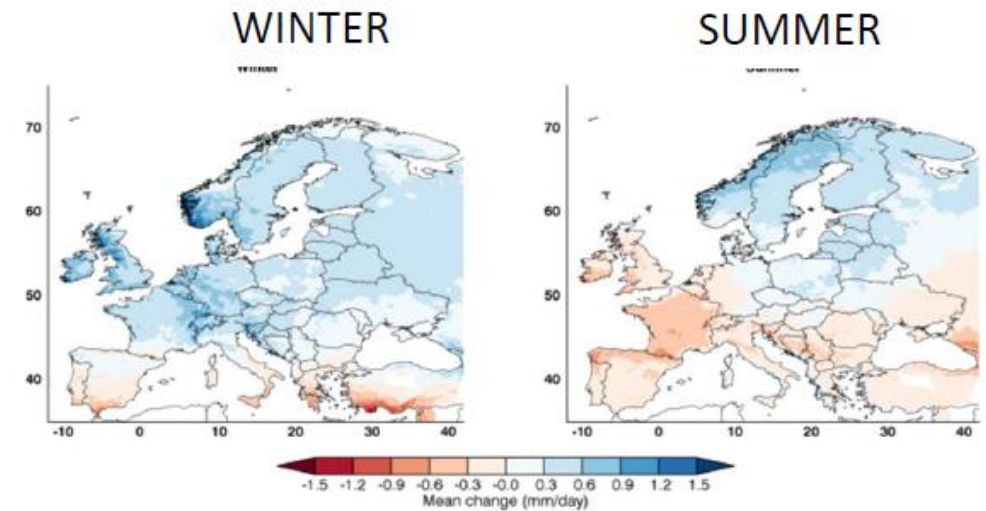
Climate change is coming



Sunflower production regions will be markedly exposed to climate change (and especially to drought)



Daily precipitation (2071-2100) – RCP8.5



Ciscar *et al.* (2018)

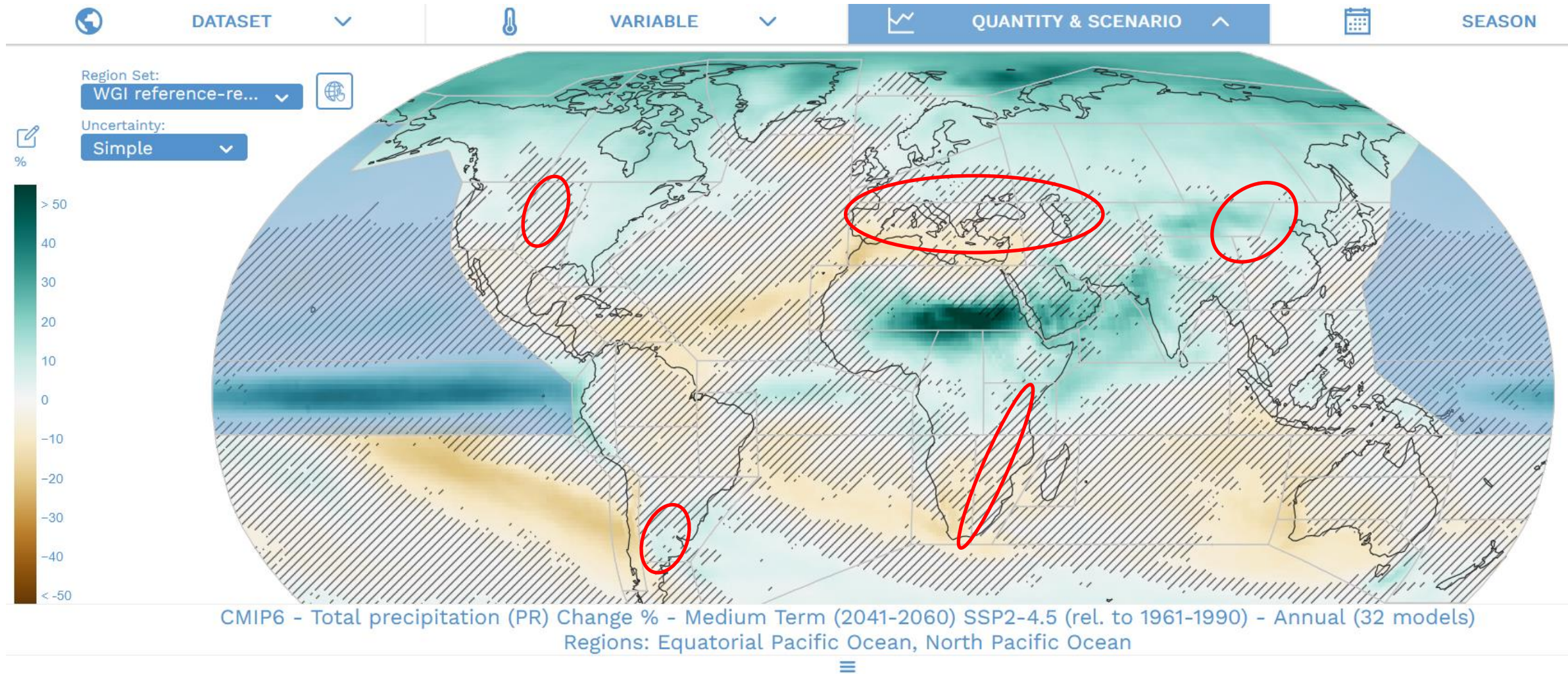
~ 70 % of sunflower production comes from Europe (Russia, Ukraine, UE-27)

→ reduction of precipitation whatever the RCP scenario

INRAE From Philippe Debaeke, ISC 2022

20th International Sunflower Conference, June 20th - 23rd, 2022, Novi Sad, Serbia

Climate change tendency to 2041-61. Precipitations

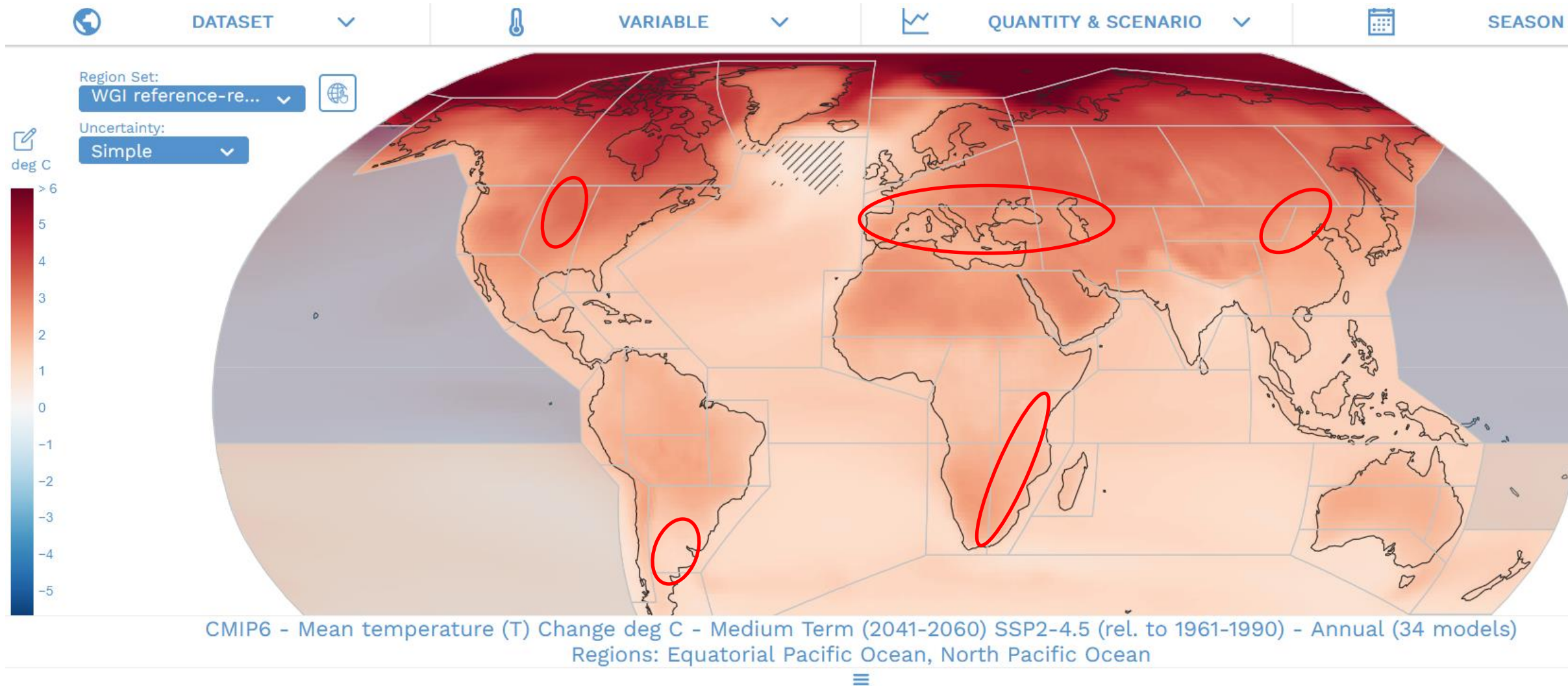


Tendency to dryer climate excepted in China and Argentina areas

Source: <https://interactive-atlas.ipcc.ch/>



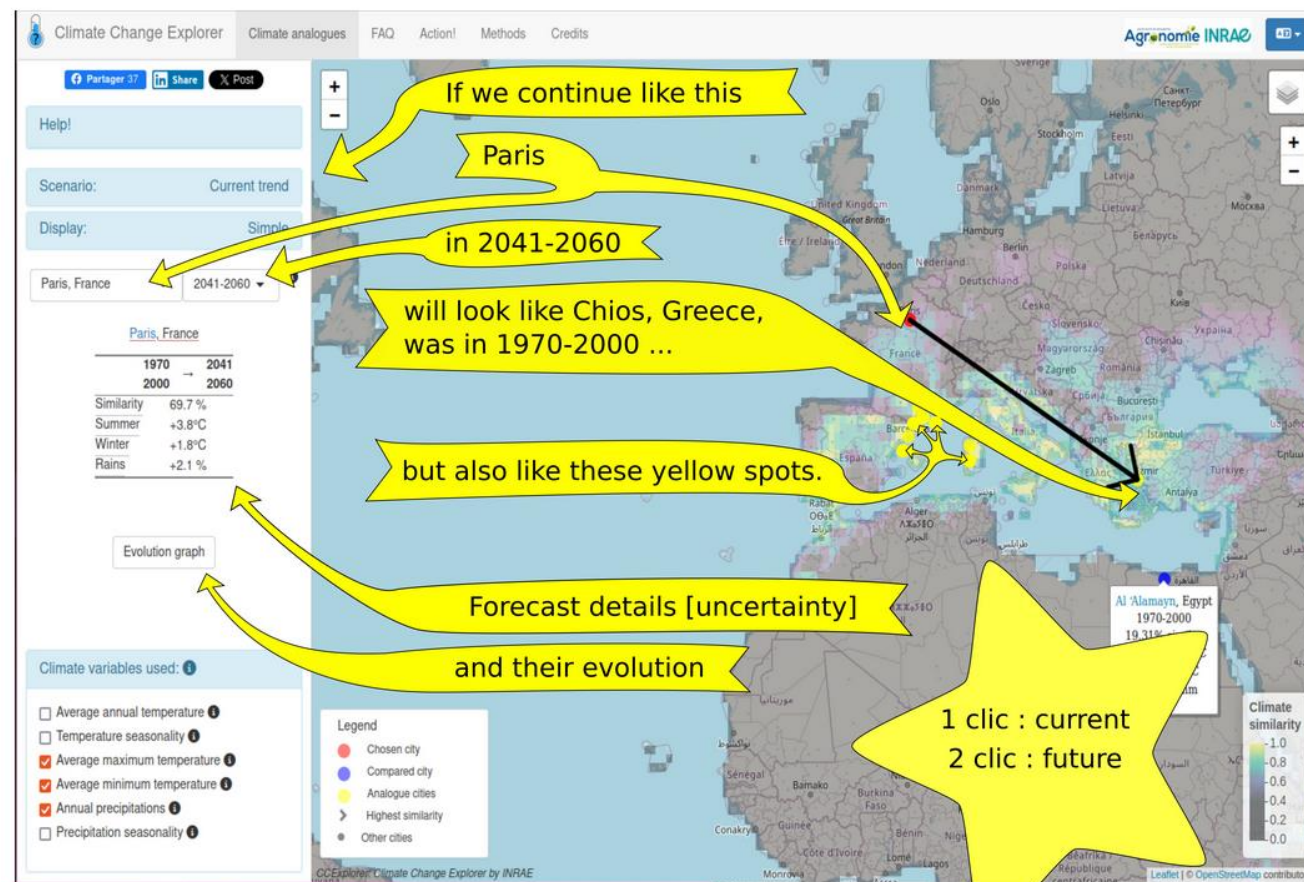
Climate change tendency to 2041-61. Temperatures



<https://ccexplorer.eu/?lang=en>

CCExplorer

Discover the average weather in your city in a few years' time



Click on a city to see its pre-2000 climate. One more click displays its evolution.



Poitiers (W France) = Toulouse tomorrow 2021-41... 340km SE

Scenario: Current trend

Display: Detailed

Display: ⓘ

☐ ⓘ Simple

☒ ⓘ Detailed

Poitiers, France

2021-2040 ⓘ

Poitiers, France

	1970 2000	2021 2040	Δ
Similarity (%)	81.3	100	
Temp. seas.(°C)	5.5 → 5.9 [5.6;6.2]		+7.3 %
Max. Temp. (°C)	25.2 → 27.9 [27.1;30.2]		+2.7
Min. Temp. (°C)	1.4 → 2.4 [1.9;3.3]		+1.0
Ann. Precip. (mm)	715 → 725 [709;737]		+1.4 %
Precip. seas.(%)	18 → 22 [17;25]		+22.2 %

Evolution graph

Climate variables used: ⓘ

☐ Average annual temperature ⓘ

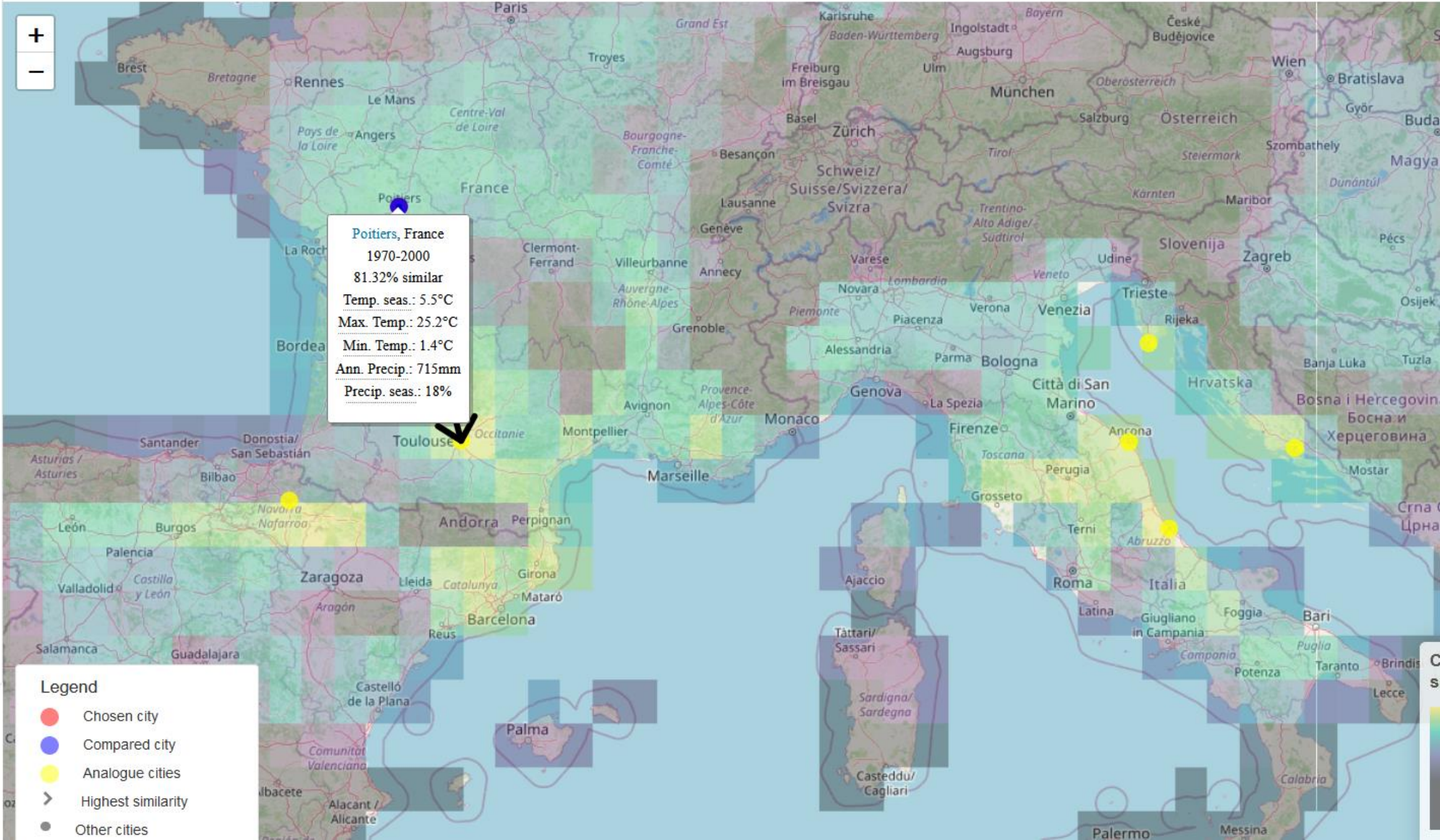
☒ Temperature seasonality ⓘ

☒ Average maximum temperature ⓘ

☒ Average minimum temperature ⓘ

☒ Annual precipitations ⓘ

☒ Precipitation seasonality ⓘ



Toulouse France tomorrow 2021-41= Australian Queensland today... or ItalianAdriatic coast similar trend for 2041-61

Scenario: Current trend

Display: Detailed

Display: Simple Detailed

Toulouse, France ▼ 2021-2040 ▼

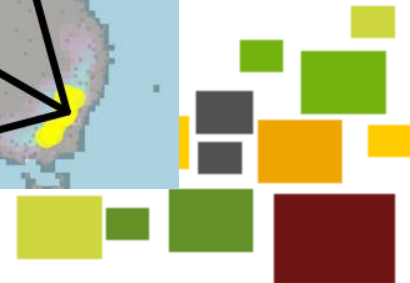
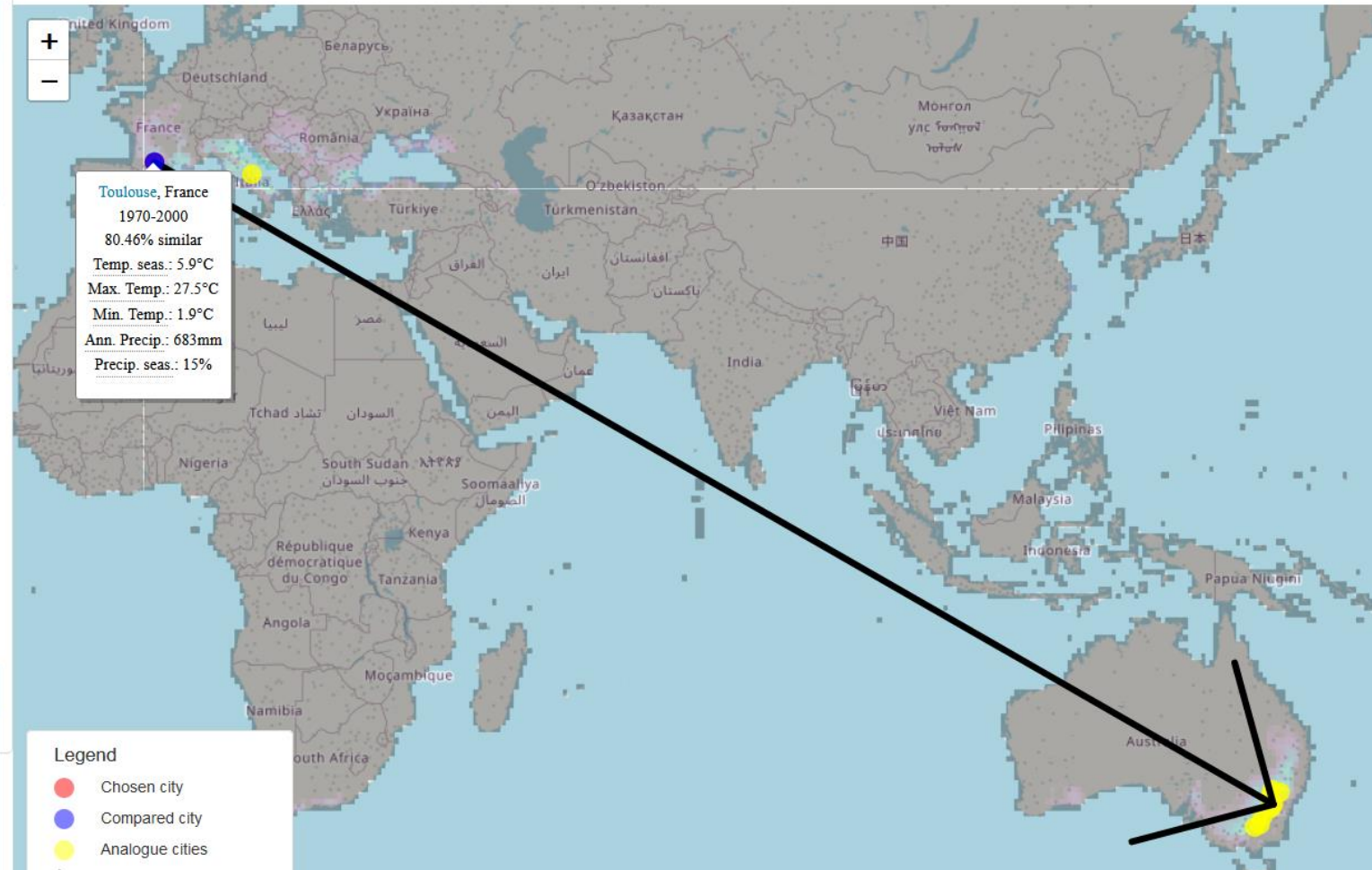
Toulouse, France

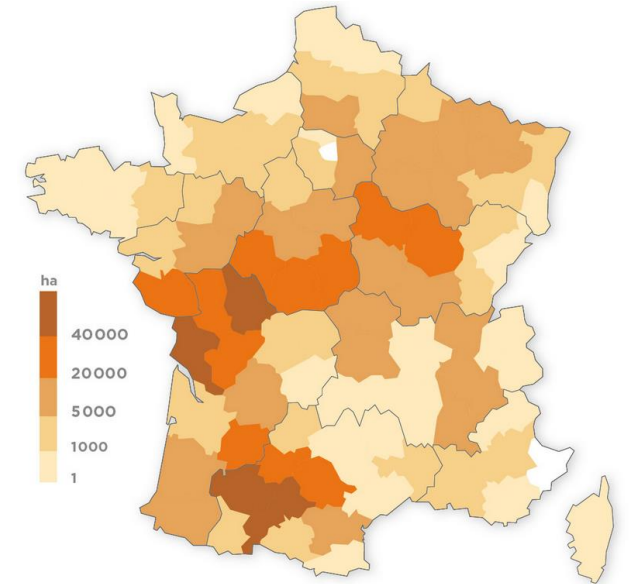
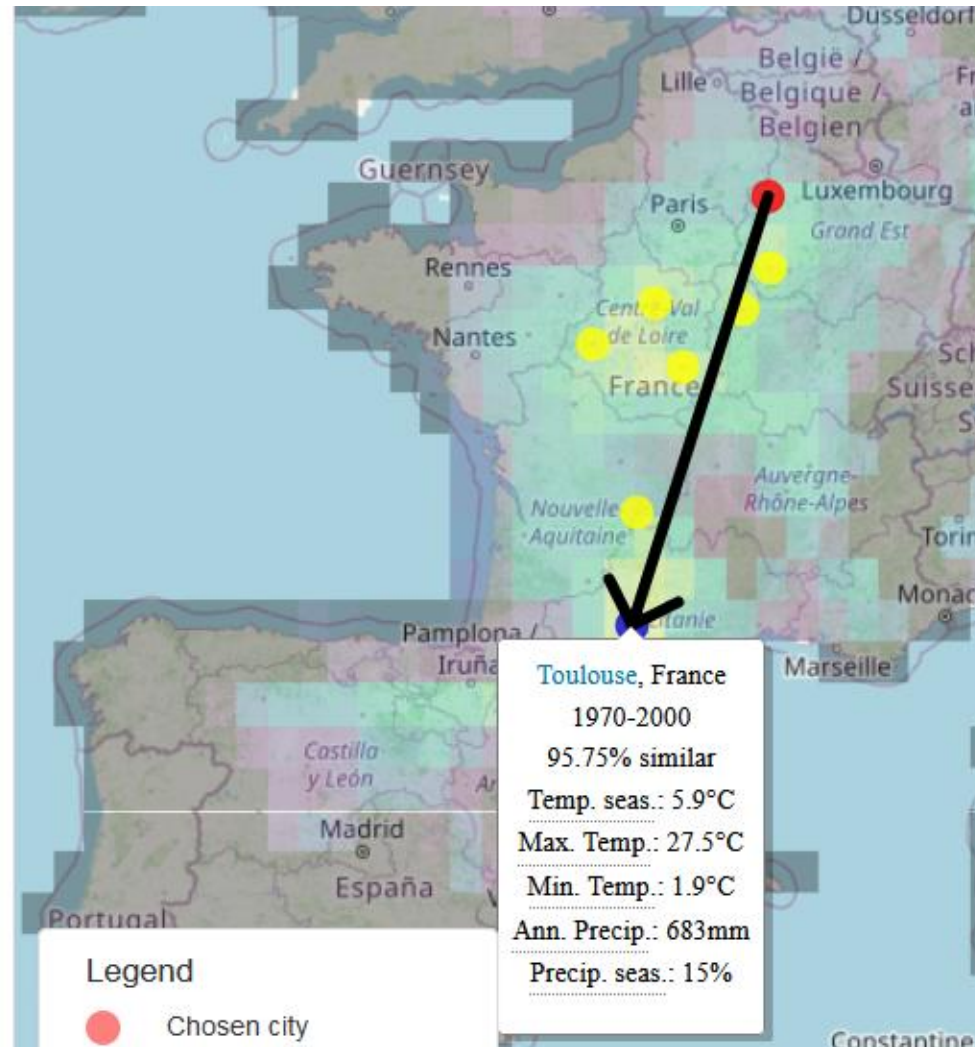
	1970 2000	2021 2040	Δ
Similarity (%)	80.5	100	
Temp. seas.(°C)	5.9 → 6.3 [6.1;6.6]		+6.8 %
Max. Temp. (°C)	27.5 → 30.3 [29.4;32]		+2.8
Min. Temp. (°C)	1.9 → 3.1 [2.6;4]		+1.2
Ann. Precip. (mm)	683 → 685 [668;694]		+0.3 %
Precip. seas.(%)	15 → 17 [14;20]		+13.3 %

Evolution graph

Climate variables used:

- ☐ Average annual temperature
- ☒ Temperature seasonality
- ☒ Average maximum temperature
- ☒ Average minimum temperature





Sunflower regions
in France

Probably an extension to the North of France, and need of irrigation in the traditional regions... if water resource available and properly managed



Novi-SAD tomorrow...

Novi Sad, Serbia

2021-2040

Novi Sad, Serbia

	1970 2000	2021 2040	Δ
Similarity (%)	78.4	100	
Temp. seas.(°C)	7.8 → 8 [7.7;8.2]		+2.6 %
Max. Temp. (°C)	27.1 → 30.2 [29.5;31.5]		+3.1
Min. Temp. (°C)	-3 → -1 [-1.6;0.6]		+2.0
Ann. Precip. (mm)	610 → 625 [593;662]		+2.5 %
Precip. seas.(%)	29 → 29 [27;32]		+0.0 %

Ravenna, Italy

1970-2000

94.2% similar

Temp. seas.: 7.8°C

Max. Temp.: 29.6°C

Min. Temp.: 0.1°C

Ann. Precip.: 655mm

Precip. seas.: 22%

Legend

Chosen city

Novi Sad, Serbia

2041-2060

Novi Sad, Serbia

	1970 2000	2041 2060	Δ
Similarity (%)	60.6	100	
Temp. seas.(°C)	7.8 → 8.1 [7.8;8.4]		+3.8 %
Max. Temp. (°C)	27.1 → 31.8 [30.5;33.7]		+4.7
Min. Temp. (°C)	-3 → 0.2 [-0.8;2.7]		+3.2
Ann. Precip. (mm)	610 → 626 [581;689]		+2.6 %
Precip. seas.(%)	29 → 27 [24;29]		-6.9 %

Legend

Chosen city

Compared city

Edirne, Turkey

1970-2000

98.18% similar

Temp. seas.: 8.0°C

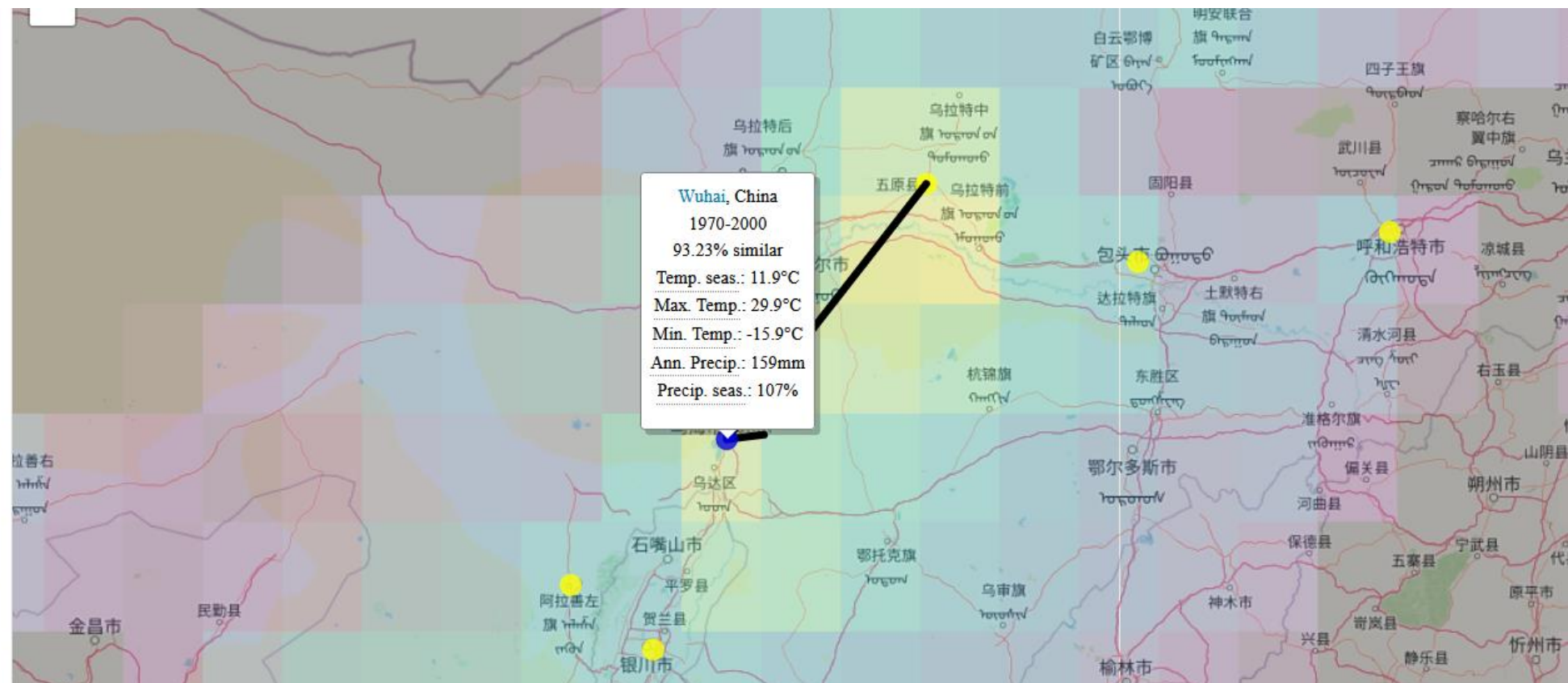
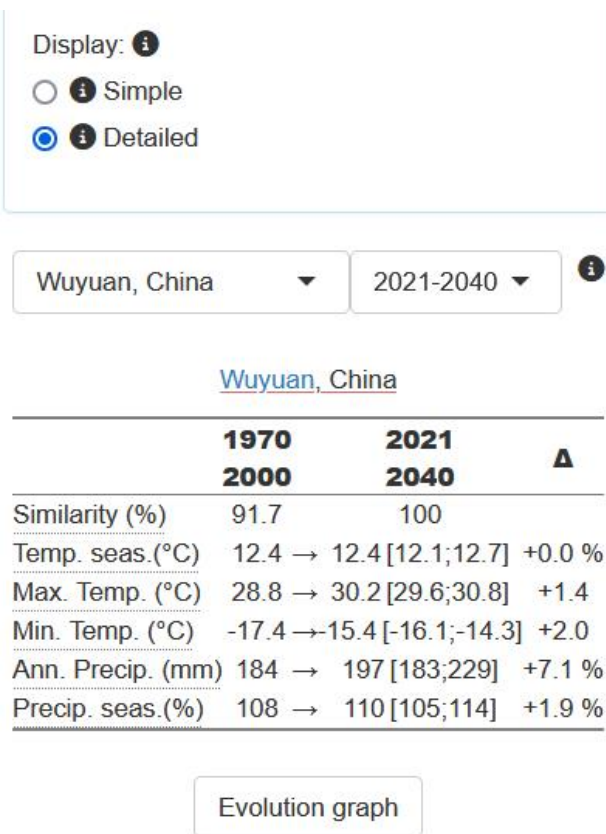
Max. Temp.: 31.5°C

Min. Temp.: -1.1°C

Ann. Precip.: 580mm

Precip. seas.: 26%

Wuyuan, China...



Krasnodar...

Krasnodar, Russia

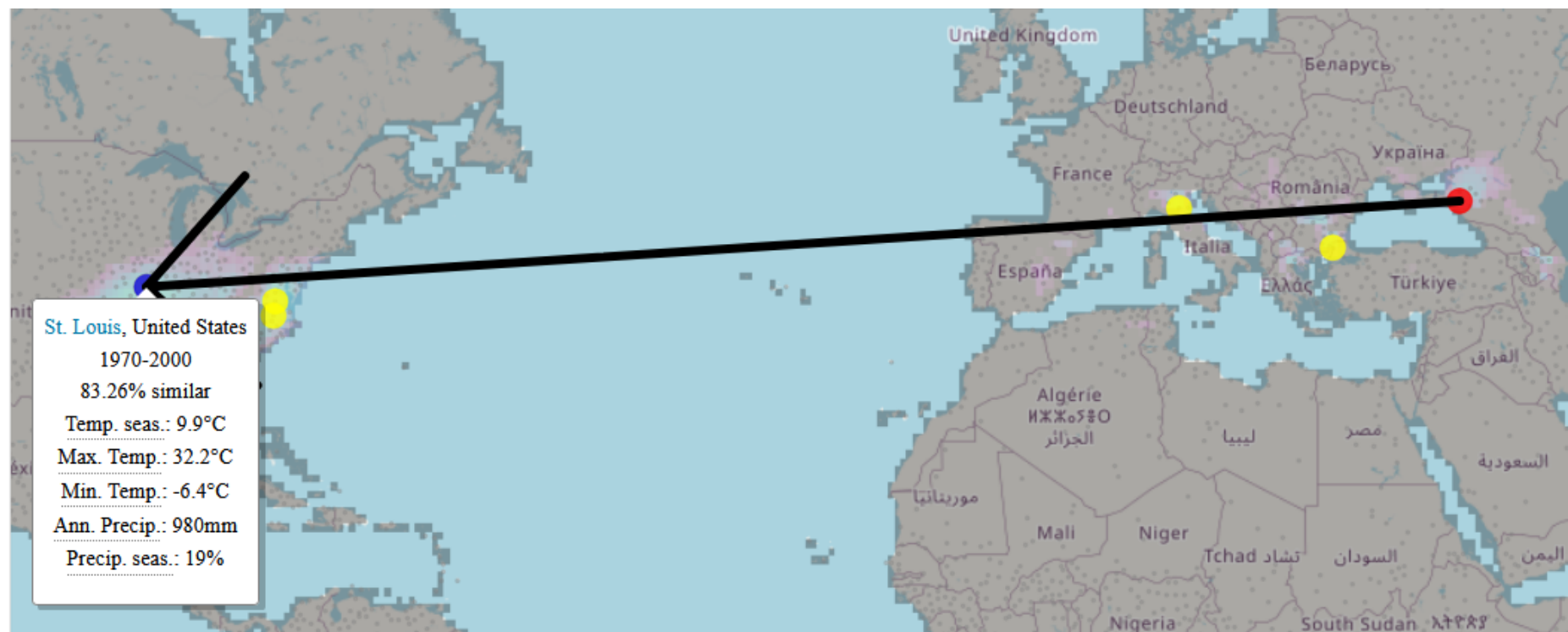
2021-2040



[Krasnodar, Russia](#)

	1970 2000	2021 2040	Δ
Similarity (%)	76.6	100	
Temp. seas.(°C)	8.8 → 9.1 [8.9;9.3]		+3.4 %
Max. Temp. (°C)	29.6 → 32.9 [32;34]		+3.3
Min. Temp. (°C)	-4 → 2.5 [-3.2;-0.6]		+1.5
Ann. Precip. (mm)	740 → 749 [731;780]		+1.2 %
Precip. seas.(%)	17 → 19 [16;21]		+11.8 %

Evolution graph



Zaporizhzhya, Ukraine▼

2021-2040 ▼

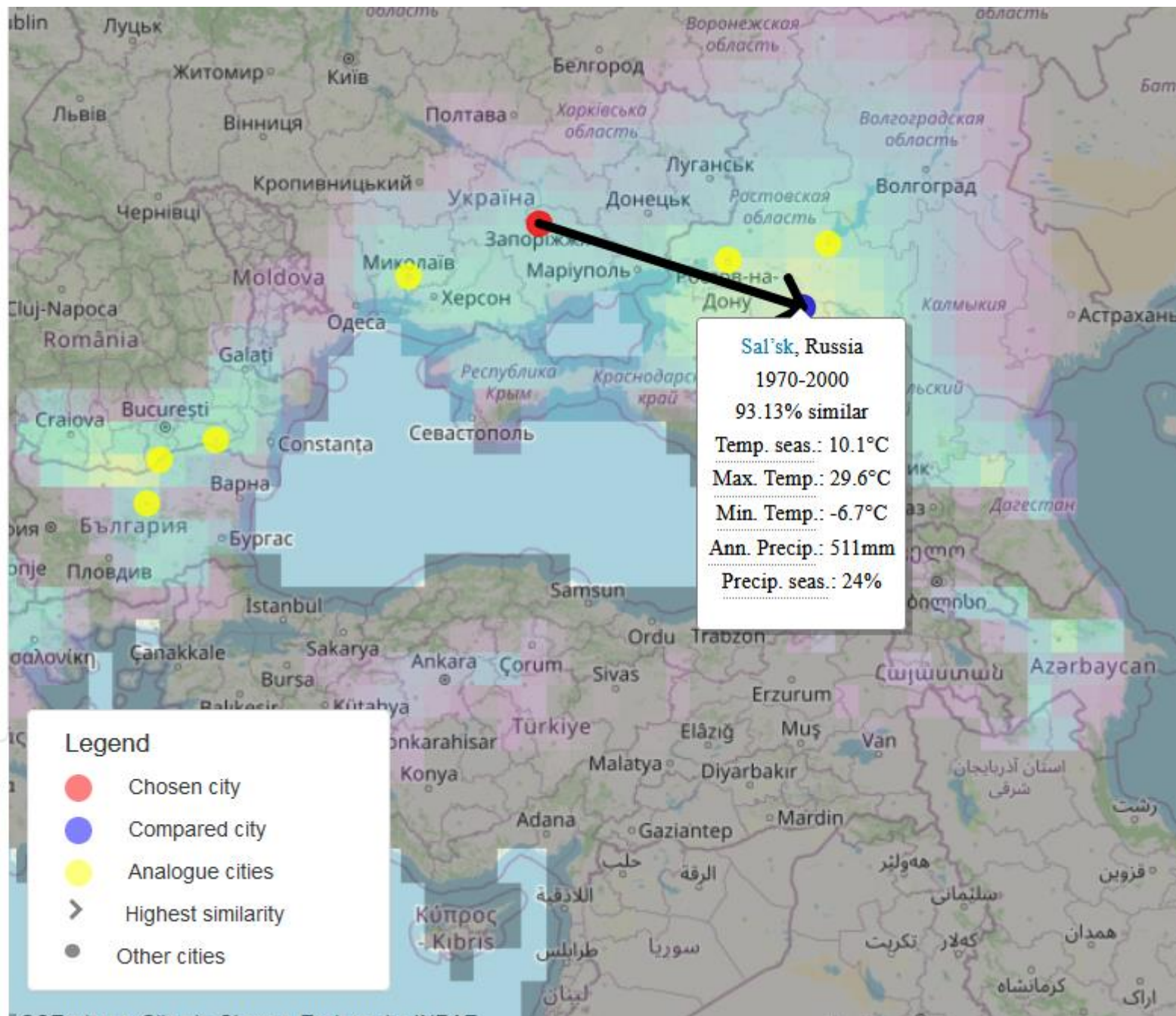
Zaporizhzhya, Ukraine

	1970 2000	2021 2040	Δ
Similarity (%)	74.4	100	
Temp. seas. (°C)	9.8 → 9.8 [9.6;10.1]	+0.0 %	
Max. Temp. (°C)	27.5 → 30.9 [29.7;32]	+3.4	
Min. Temp. (°C)	-7 → -4.8 [-5.7;-2.8]	+2.2	
Ann. Precip. (mm)	491 → 499 [480;518]	+1.6 %	
Precip. seas. (%)	21 → 22 [19;24]	+4.8 %	

Evolution graph

Climate variables used:

- ☐ Average annual temperature
- ☒ Temperature seasonality
- ☒ Average maximum temperature
- ☒ Average minimum temperature
- ☒ Annual precipitations
- ☒ Precipitation seasonality



Climate change

- In Northern hemisphere, equivalent to a shift of 300 – 350km south by 2040-50; Extension to the North in Northern hemisphere
- Issue of water resource management and irrigation
- Effects of abiotic stresses (temperature, water) at key stages?
- Present/Future cultivars and positioning at global scale?
- Reinforced interest for international cooperation on abiotic stresses, for breeding and sharing genetic resources?



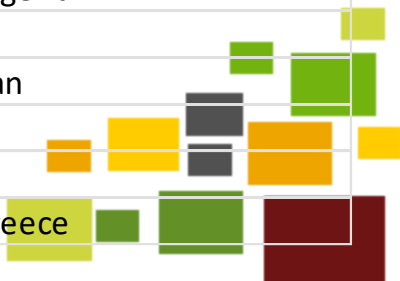
Non traditional uses: biorefinery, biomaterials, proteins for food



Non food uses in a biorefinery perspective

- Valorization of sunflower « residues » for better environmental performance: low cost, low energy, lighter, biodegradable, for comparable/ improved / optimized performances

stalks	composite construction materials	Avellaneda, A. et al. (2023).	Spain, France
stalks	wood-sunflower particle boards	Bekta P. et al 2023	Ukraine, Czechia, Slovakia
stalks / pith	sound absorbing panels based on sunflower pith	Gomez-Campos, A. 2023	France
stalks	straw based xerogels for thermal insulation materials in construction	Yang, Z. et al, 2023	China
stalks	biofuels : extraction of glucoses by enzymatic sacharification	Tang, Z., et al 2023	China
stalks	bioethanol	Taechawatchananont, N, 2022	Thailand
stalks	extracts for corrosion inhibitors	Lei, R et al 2024	China
stalks	production of furfural	Gong, L et al, 2022	China
husks	composite materials for lighter cars equipments	Irez A., 2024	Turkey
husks	advanced biofuels	Nieder-Heitmann, M et al , 2022	Netherlands
sunflowers heads	potential of terpenoids in crop protection	Galisteo A. et al 2023	Spain
sunflower heads	corrosion inhibitors	Jingbao Wang et al ,	China
sunflower heads	extraction of pectin for medical use	Muñoz-Almagro, N, 2023	Spain
oil	Sunflower Oil-Based Polyurethane Films	Suthar, V., et al 2022	USA
oil	sunflower oil-based non-isocyanate polyurethane coatings	Maya Serna, M. D. P. (2022).	Columbia
oil	resins	Uduma, C. Et al, 2022	Nigeria
leaves, hulls, cakes	biomethane production without pretreatment	Ebrahimian, E et al 2022	Iran
stem and capitulum	biomethane production more effective with chem pretreatment		
sunflower meals	biodegradable films for foodpackaging from protein isolates and bacte	Efthymiou, MN et al ; 2022	Greece



Sunflower proteins for food



Plant sourcing main protein contributors

Plant origin	Production	Proteins
<i>FAO 2017 Million metric Tons</i>		
Cereals		
Corn	1043	92
wheat	750	73
rice	503	40
oil seeds		
Soy	366	122
Rape Seed / canola	71	16
Sunflower	51	10
Pulses		
pea	11	2
chick pea	15	3
fabo bean	3	1
lupine	1	0,4
TOTAL	2814	359,4

Despite low protein content, cereals are the main players (>40%)

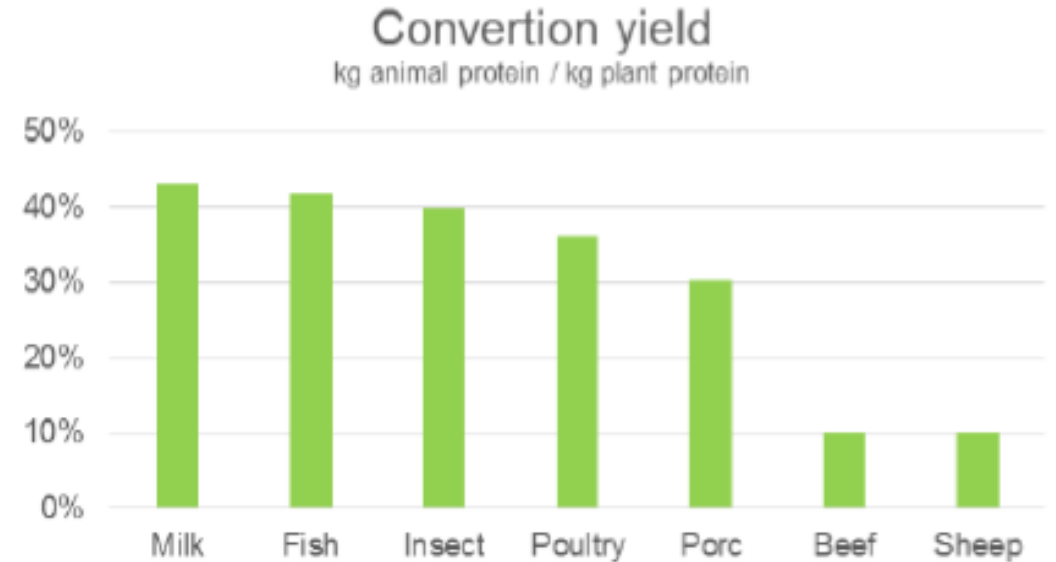
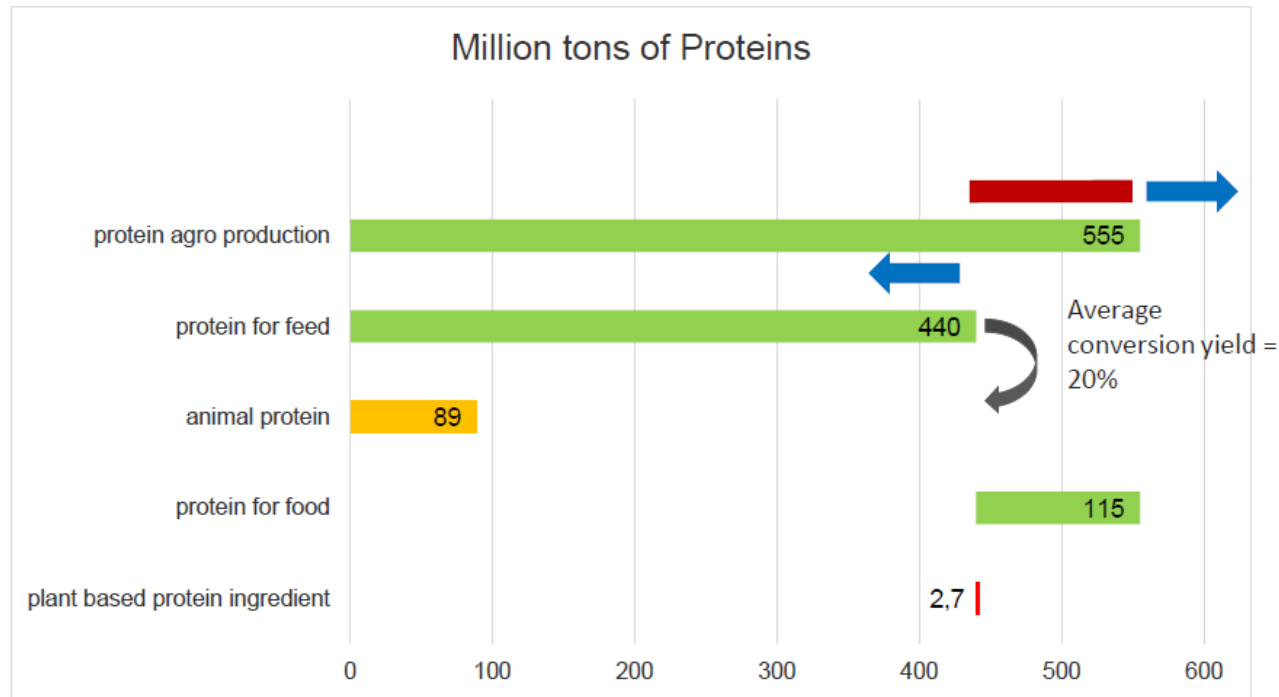
Oil seed thanks to soy are number 2

Despite high protein content, pulses are far behind



What about protein ingredients

World proteins balance: from 10 billion tons of Agromaterials



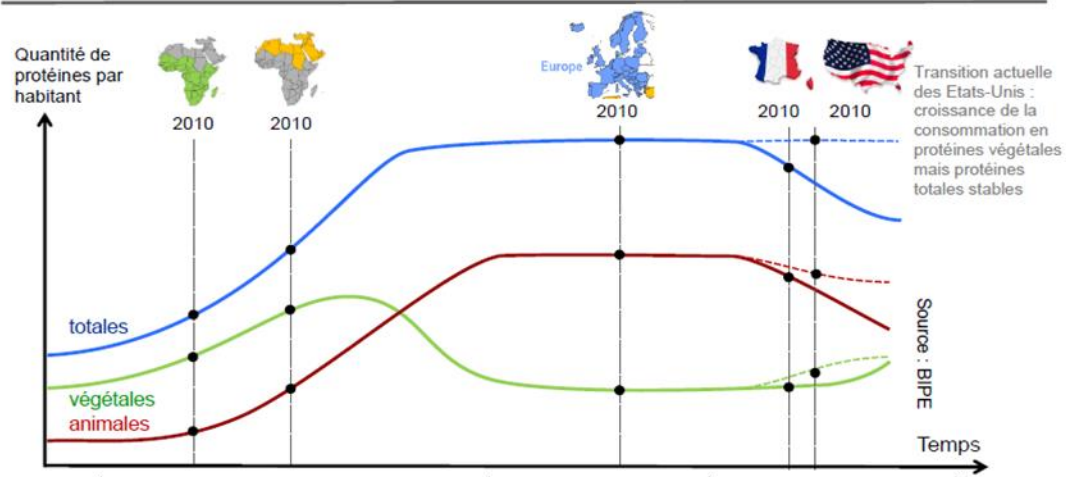
Plant based protein ingredients will not save the world ☹️
They will just make our occidental life's simpler 😊

Proteins for Food today, global scale:
115 MT from vegetable proteins (55%)
89 MT from animal proteins (43%)
3 MT from plant based protein ingredients
Total: 207 MT



Food transitions?

ASS et ANMO en cours de première transition nutritionnelle, Europe en stabilisation et le début d'une seconde transition pour la France

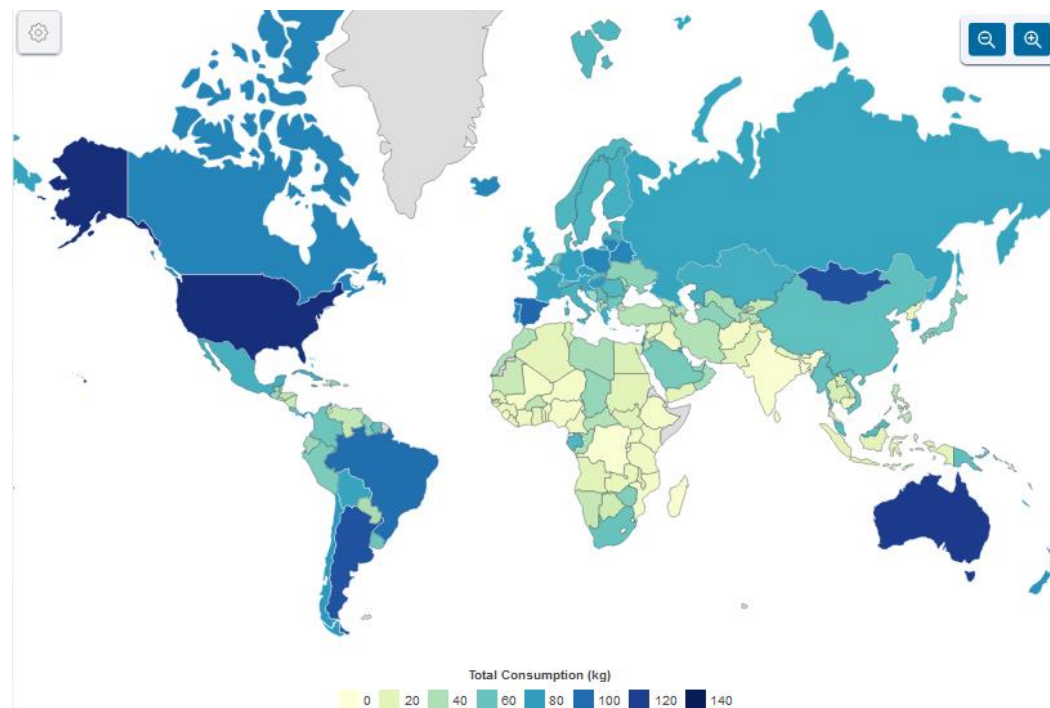


Première transition alimentaire

Première étape : croissance de la demande en protéines totales, d'abord végétales, puis également animales.
Deuxième étape : stabilisation de la demande totale substitution des protéines végétales par les animales.

Deuxième transition alimentaire

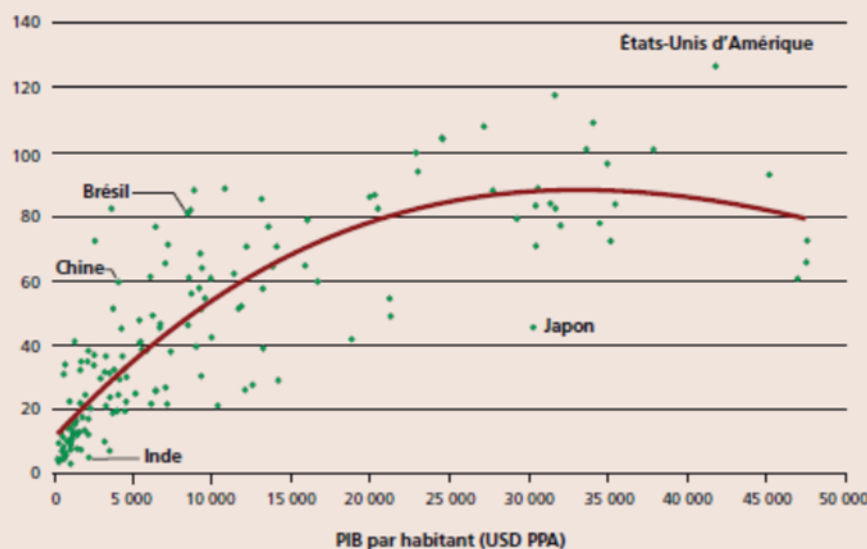
Diminution de la demande totale via la diminution de la demande en protéines animales (en France), ou augmentation de la demande en protéines végétales (aux USA).
Globalement : diminution de la part des protéines animales.



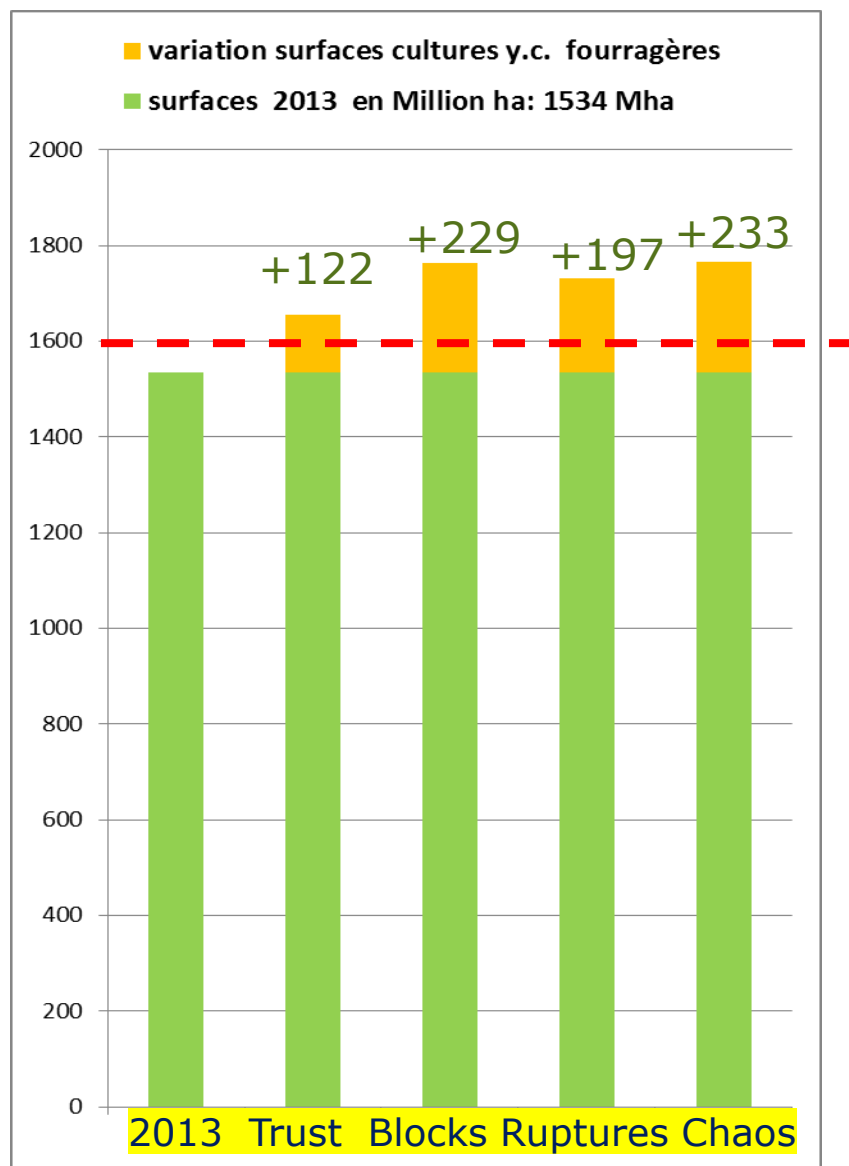
Meat Consumption by Country 2024

<https://worldpopulationreview.com/country-rankings/meat-consumption-by-country>

Consommation de viande par habitant (kg/an)



Could production follow global demand in sustainable conditions?



- Going on with land reclamation at the same pace as on 1961-2000 period (3.75Mha/yr in average) would allow to gain 67.5 Mha d'ici 2030.
- It would need to increase the pace of land reclamation 1,7 to 3,5 times
- → what development dynamics? How far is it compatible with climate change mitigation?
- → food challenge much more difficult for proteins than for oil...

What potential levers?

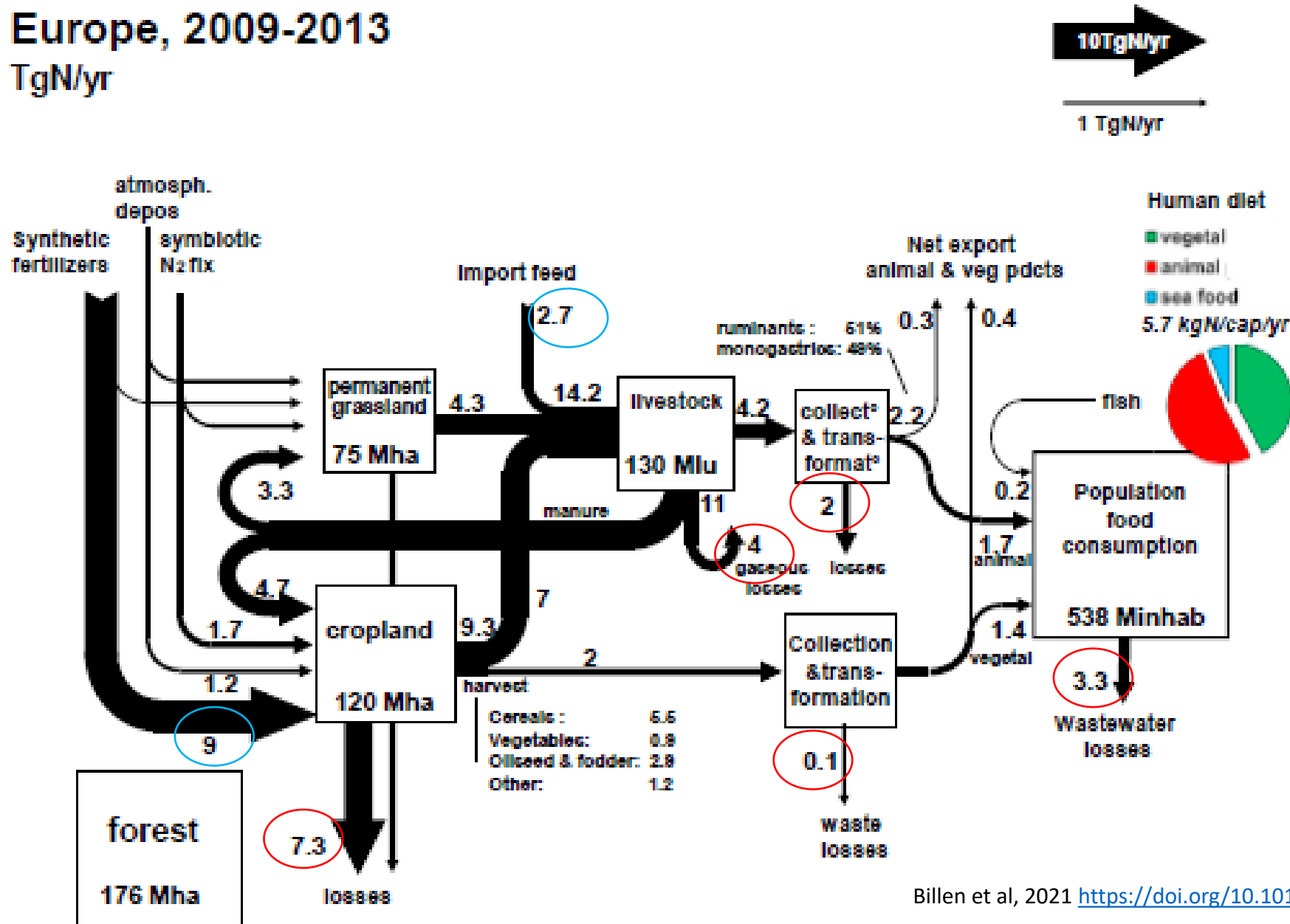
Calculating in million ha cultivated

- **population effect** ranging by 100 Mha.
- **Human diets (partial substitution of vegetable proteins to animal proteins)** : from 180 to 300 Mha
- **Reduction of upstream losses** : 50 to 100 Mha.
- **Growth of yields** : determining, but probably not enough to meet demand from population growth and increase in individual consumption
- Reduction of downstream waste ?
- Other levers?
- **Need to consider transitions in nutrition and agricultural practices**

The nitrogen issue (proteins = nitrogen)

Europe, 2009-2013

TgN/yr



1/ Leaking system
Total losses: 16,7 MT N

2/ Europe pays twice:
For fertilizer and for
feed proteins

3/ even 3 times if inclu-
ding pollution costs

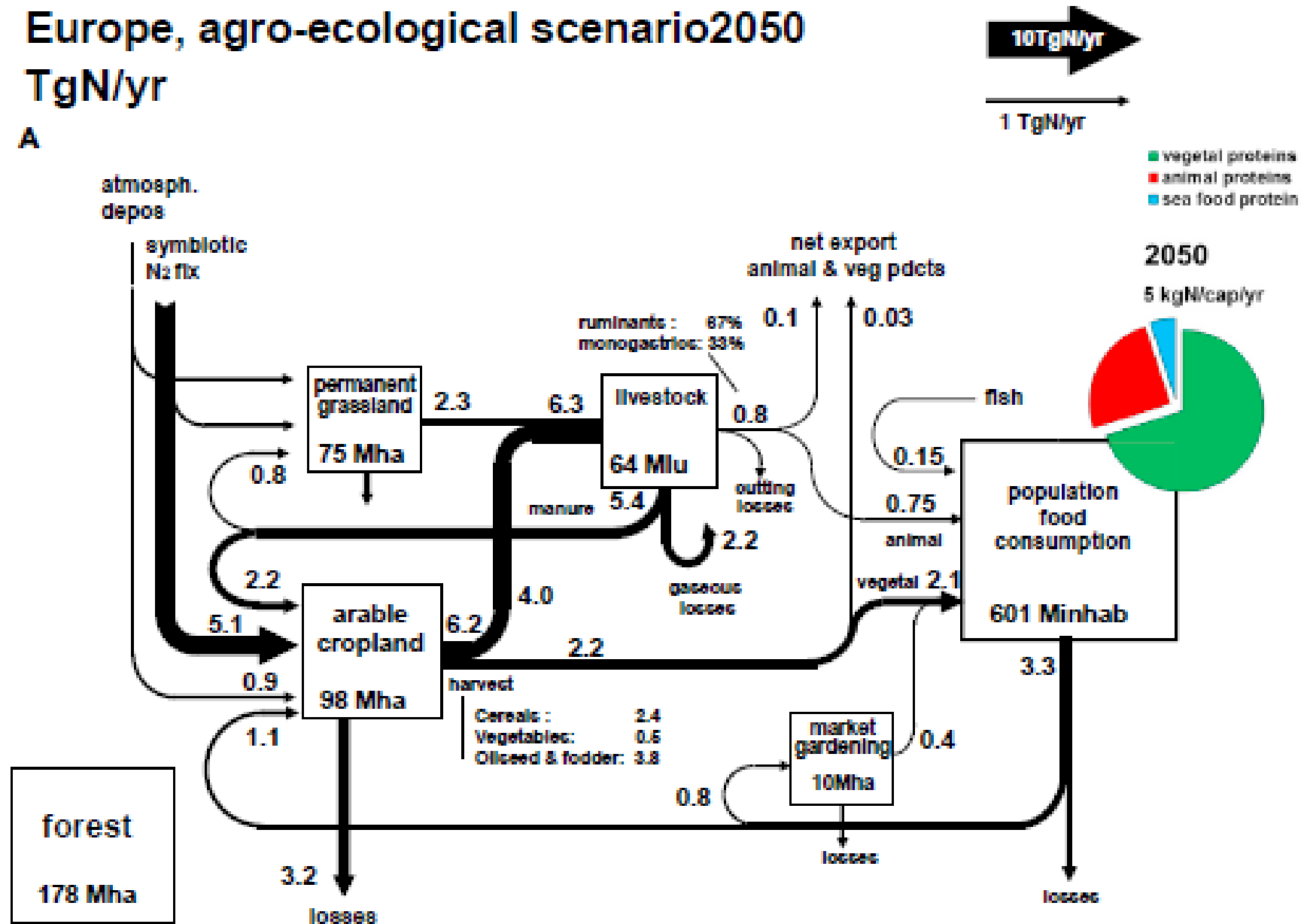
The nitrogen issue

Billen et al, 2021 <https://doi.org/10.1016/j.oneear.2021.05.008>

Europe, agro-ecological scenario 2050

TgN/yr

A

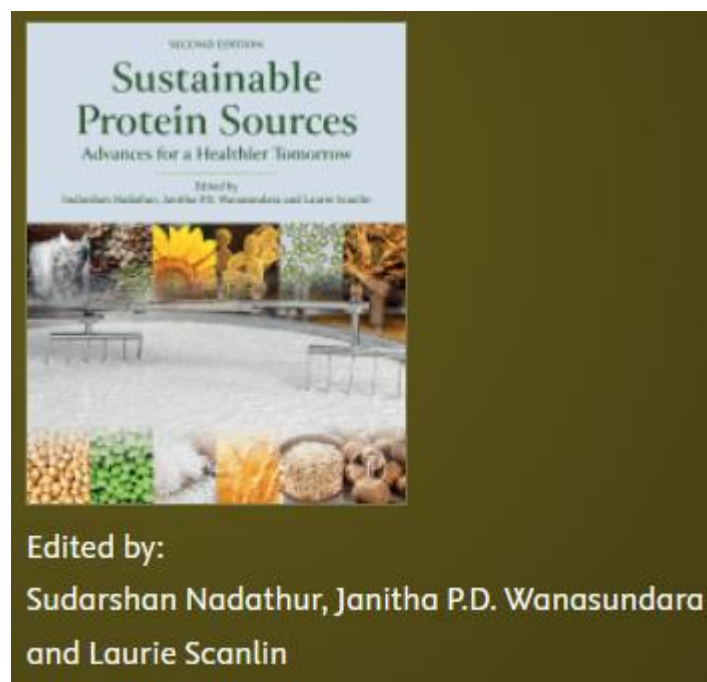


A strategic objective would be for Europe to feed itself (with a balanced import-export balance, measured in calories and proteins). Not simple but not impossible.

Needs a shift from 5,7 kgN/cap/year to 5: -14% AND a shift from 50% animal proteins to approx. 25% of diet

Sunflower proteins for food?

- Albe-Slabi, S., & Kapel, R. (2024). Sunflower as a Developing Plant Protein Source for Food. In Sustainable Protein Sources (book chapter pp. 357-380). Academic Press.
<https://doi.org/10.1016/B978-0-323-91652-3.00019-8>



Technical solutions for sunflower protein products?

- Direct use of kernels
- Flours (50-60% Pi),
- Concentrates (60-90% Pi),
- Isolates (>90%Pi)
- Higher extraction rates at high pH, but phenolic compounds are co-extracted and oxydized in alkaline environment → conventional process not efficient for sun proteins

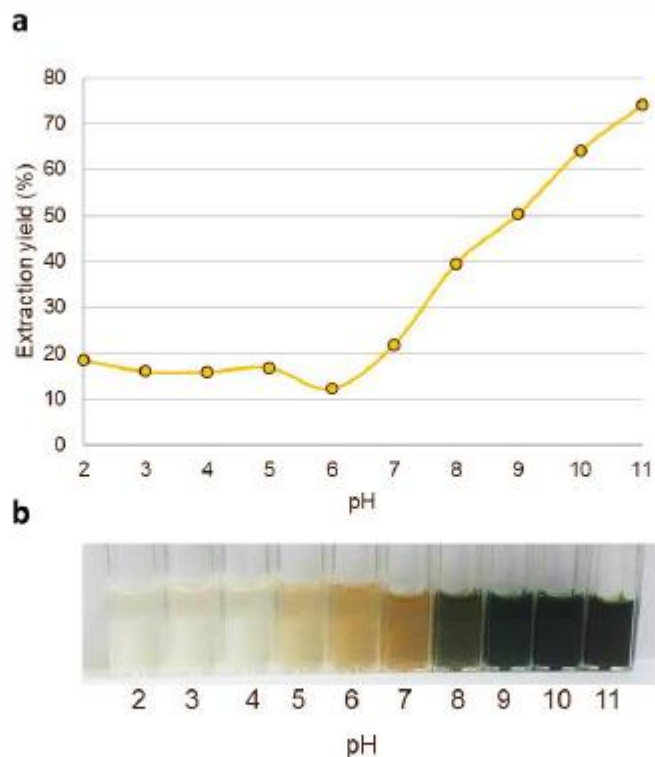
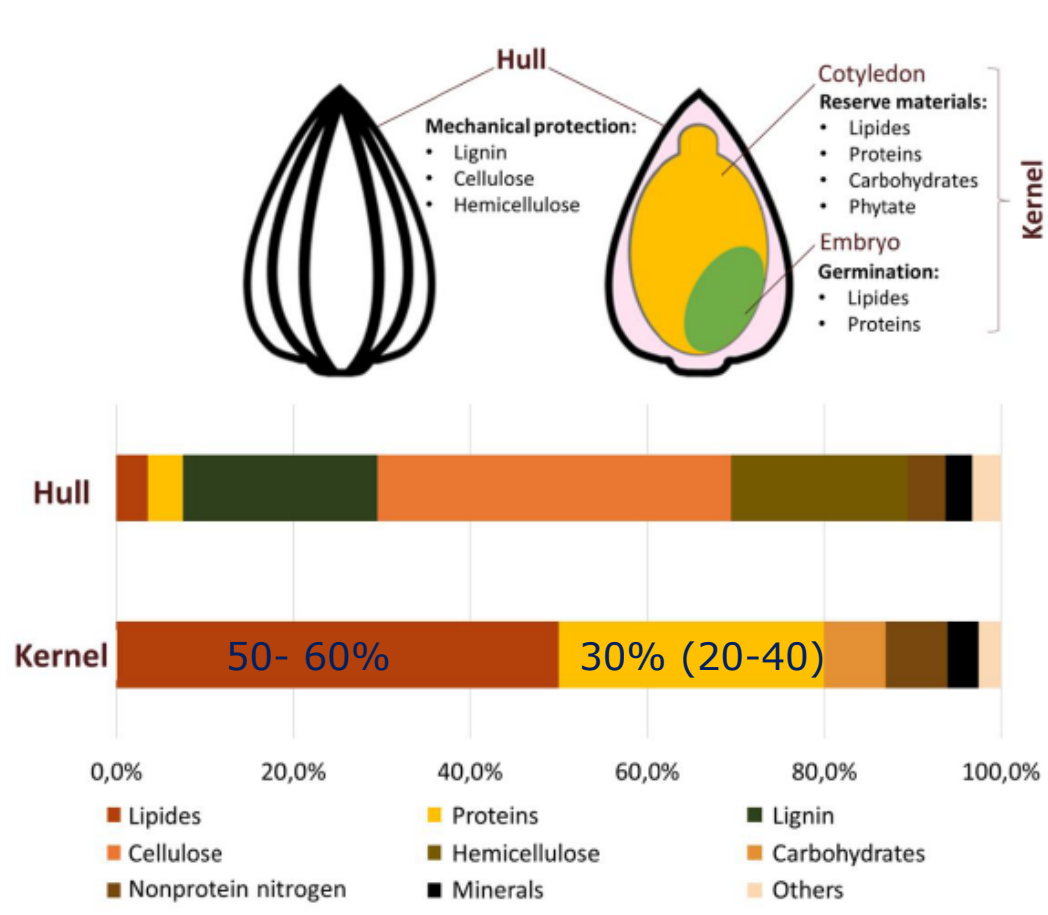


Figure 2. Extraction yield of total sunflower proteins depending on pH (a) and the color of resulting protein extracts (b) (unpublished data of [Albe-Slabi et al.](#)).



Proteins in sunflower kernel



In kernels:
50 to 60% globulins
20 to 30% albumins
5% Prolamins
10% Glutelins

+ oleosins (2 to 8%) & lipid transfer proteins

Also in kernel:

- phospholipis/glycolipids: <4%DM
- Peptids/ AA! About 6%
- Carbohydrates: 4 to 10% DM
- *Phenolic compounds* : 1.1 to 4,5%
- Othe minor compounds: tocopherols, carotenoids, vit B1...

Figure 1. Chemical composition of sunflower hull and kernel according to the average values of Bau et al., (1983); Tranchino et al., (1983); Cancalon (1971); Evon et al., (2007); Braadbaart et al., (2007); Gonzalez-Perez & Vereijken (2007).



Sunflower protein nutritional properties

- Total proteins: the chemical indices of sunflower proteins for amino-acids are **high, except for lysine** (70M% of the FAO reference composition)
- But very rich in sulfur-containing a.a methionin + cystein (464%) which make them **complementary to other vegetable proteins sources** such as pulses.
- The in vitro digestibility is relatively high (90%), but the invivo digestibility is limited by lysine content
- Albumins: relatively low in leucine. Probably lower digestibility than globulins (helianthinins)
- The digestibility depends mainly of the purity of the protein product → need to consider the antinutritional factors, notably phytic acid



Sunflower protein functional properties

- Globulins: U-shape curve of solubility/pH (insoluble at pH 4-5, 100% sol at pH8,5)
- Albumins: excellent solubility whatever the pH, high heat resistance, some have excellent emulsifying properties.
- Total Sunflower proteins:
 - reasonable foaming properties, but low stability
 - Good emulsion capacity and stability in reference to soy
 - Properties depend on non protein compounds, pH, T°...
- Few references about gelling



Antinutritonal compounds

- **Phenolic compounds:**

- protection of seeds against oxydative stress
- Can reach 4-5% of DM in cakes
- →70% chlorogenic acid
- Important ability to bind with sunflower proteins
- that **colors the protein extract** (green, brownish...) **limiting the applications in food**
- Destabilizes the II and III structure of proteins and may contribute to decrease solubility, limit nutritional and impact organoleptic properties, despite beneficial antioxydant properies

- **Phytic acid:**

- Main reserve of phosphorus in seeds
- 1 to 5%DM phytic acid in sunflower cakes
- Leads to a **decrease of sunflower protein digestibility**, reducing solubility of action of enzymes



Technical solutions for sunflower protein products?

- **Meal washing** with solvents before alkaline extraction: quite effective but needs food grade solvents
- **Micro-wave assisted extraction**: still needs research
- **Inhibition of phenol-protein binding** during protein alkaline extraction by addition of a reducing agent (sulfites): not yet applied in industry. Decrease in P solubility?
- **Extraction under flow of inert gas** (at lab scale)
- Optimization between extraction rate of Pi and of C acid, at pH6-8 with **addition of salt**... Seems promising and also allows the elimination of a part of phytic acid. → up to

80% Pi



Sunflower proteins

- Technical solutions under research to lift limitations to Sun Pi products development
- Challenging since the criteria of process performance and protein quality are antagonistic
- Additional efforts needed to develop appropriate food formulations with Sun Pi
- Some sunflower protein concentrates products are already available on the market, obtained from soft mechanical cold pressing of dehulled kernels



Heliaflor® sunflower proteines

<https://www.all-organic-treasures.com/>



Sunbloom 60

<https://www.sunbloom.de/en/products/>



Conclusions 1

- **Sunflower still growing in acreage and production, keeping on the oil and protein crops sector.**
- **But large concentration in Black sea region**
- **Climate change challenge: critical horizon might come sooner than expected in traditional regions**
 - **Breeding** for physiological tolerance traits and inputs efficiency
 - **Adapting cropping practices** in traditional regions, sustainability
 - Conquering of **new cropping regions**: TK knowledge dissemination, cultivars
 - Inter-regional **cooperation**?

Conclusions 2

- **Climate change challenge: Growing pressure on proteins and oils for non-food uses.**
 - At global level, it is **not possible to prolong all the trends** at the same time: readjustments of agro-food systems in 15-20 years' time, within a limit of 50-60Mha of new land. **The transformation of food systems will need** societal changes and policies with quantitative and qualitative impact on food demand.
- **role of sunflower in an economy of scarcity**
 - **Maintain production and quality with less** inputs: nitrogen, water
 - Valorize **sunflower proteins for food** → **dehusking techniques, soft oil extraction, protein separation, increase protein content in seeds...**
 - **Biorefinery and uses of crop "residues"**: biomaterials, composites, biofuels... to replace fossil chemistry components, save other natural resources like wood...

Thanks for your attention

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